

Curriculum coverage

	Autumn Term	Spring Term	Summer Term
Nursery	Physical development, expressive arts and design, personal social and emotional development		
Reception	Introduction to PE and Fundamentals	Dance and Ball Skills	Gymnastics and Ball Skills
Year 1	Dance, Fundamentals and Team Building	Gymnastics, Ball Skills and Fitness	Athletics, Target Games and Striking and Fielding
Year 2	Dance, Fundamentals and Team Buildings	Gymnastics, Invasion Games and Fitness	Athletics, Striking and Fielding and Net and Wall
Year 3	Dance, Fundamentals and Netball	Gymnastics, OAA and Swimming and Water Safety	Athletics, Tennis and Yoga
Year 4	Gymnastics, Ball Skills, and Basketball	Cornish Pirates Tag Rugby, OAA and Swimming	Athletics, Tennis and Yoga
Year 5	Netball, Fitness and Swimming and Water Safety	Dance, Hockey and Gymnastics	Athletics, Tennis and Plymouth Argyle Football
Year 6	Swimming and Water Safety, Gymnastics and Fitness	Yoga, Basketball and Dance	Athletics, Cricket and Cornish Pirates Tag Rugby

Ignite Wonder

Physical Education runs through our Personal Development Curriculum. Our Ignite Wonder weeks inspire, motivate and raise aspirations for all children. It is important that our children understand the wide range of career opportunities available in physical education and what educational pathways they could take. Our Ignite Wonder weeks and residential also aim to push our children outside their comfort zone, developing resilience through undertaking new challenges and experiences. As a school, we are also part of the Youth Sport Trust and Cornwall School Games Network, providing many opportunities for us to take part in inter-school competitions.



Bebrave

Bebrilliant

Believe

Beacon

Shine brightly as a sports person



Bebrave ADVENTURE

Exposes our children to a rich and diverse world that is full of colour, music, creativity and celebration. Providing our children with the opportunity to see a world beyond their own, that will inspire and influence their future choices.

BeBrilliant CULTURAL DIVERSITY

Enables our children to develop a growth mindset, by exposure to challenging experiences that allow our children to question and explore opportunities that will enable them to become confident and resilient in all areas of their lives.

Believe POSSIBILITIES

Allows our children to explore the world around them, knowing that the experiences they gain will enhance their lives and open doors to new adventures.

Vision

At Beacon, our vision for physical education is to inspire and motivate all pupils to go on to lead healthy, active lifestyles. We will provide a wide range of engaging opportunities across our physical education curriculum for pupils to develop their physical literacy, supporting them in being able to succeed and excel in competitive sport and other physically demanding activities.

By educating our children to understand and implement life skills such as respect, resilience, self-motivation, sportsmanship and creativity, we aim to prepare the children of Beacon to be successful in anything they choose to do in life.

Our physical education curriculum wholeheartedly encompasses our curriculum drivers: adventure, diversity and possibilities.



Intent

To provide an engaging PE curriculum that motivates children to want to lead healthy, active lives through engagement in sport.

We want to teach our children the basic physical skills needed to be able to participate in a range of sports, developing competence to excel in a broad range of physical activities.

Implementation

The teaching and learning of physical education at Beacon follows the Get Set for PE scheme of work. Across the year, each year group complete many units of work that are carefully planned out to ensure fundamentals are taught and skills are regularly revisited. To enhance our delivery, we invite a range professional coaches and clubs in to work alongside our teaching staff to deliver units of work. Swimming is part of our KS2 physical education curriculum and is taught as part of an intensive 2 week block. Our children also have regular opportunities to take part in The Active Mile and Class Yoga sessions., supporting wellbeing.

Impact

Children at Beacon will be motivated to go on and lead healthy active lifestyles. They will develop a wide range of life skills: respect, resilience, self-confidence, motivation and creativity through our progressive curriculum. Our children will see sport as a potential

career opportunity, gaining invaluable and engaging experiences through our Ignite Wonder weeks. Our extra curricular activities will ensure our children get to experience a vast range of sports, with opportunities to compete and perform.