

## Top story this week



Once again, we have had a wonderful week at Beacon. We are 4 weeks into the spring term, with two more jam packed weeks before the half term break.

You will have received further information regarding our residential meetings for our families taking place next week. As you will be aware, at Beacon, our personal development programme has been carefully planned to ensure it is full of rich and exciting experiences and opportunities for our children to experience each year and throughout their entire school journey with us.

Our residential programme is an essential part of developing our children's personal development and these incredible experiences have been designed to expand our children's horizons as well as enhancing our Shine Brightly curriculum. During the summer term your child's year group will be embarking on their residential to a city across the UK. We hope that you can join us next week to find out more about the exciting opportunities that your children will be experiencing.

Next week you will receive information regarding our spring term parent consultations and the links to book your slots. During these meetings you will have the opportunity to talk through the progress that your children have made at this mid-point during the year. You will also have the opportunity to share your children's successes, talk through their targets for the next half term and of course spend time looking through their books.

Just a reminder that the week before half term is our Ignite Wonder 'World of Work' week, finishing with our Aspirations day on Friday 14th February when we will be asking our children to come to school dressed in an outfit that represents the profession of their choice. As with previous years the week will be full of trips, workshops and visitors into school to help our children learn all about possible jobs and careers. We would love for members of our school community to join us, so please speak with your child's teacher if you would be willing to come and talk to our children about your job or profession.

Wishing you a wonderful weekend, let hope this lovely weather continues.

## ★ Key Events for next week– Reception and KS1

	Monday	Tuesday	Wednesday	Thursday	Friday
Reception	PE- transport dance	Instructions on how to build a house	One less within 8- 8 currant buns	Funky French Thursday	Drop everything and read
Year 1	Coding in Computing	Counting within 20.	PE day – Gymnastics.	Funky French Thursday, learning our numbers in French.	Drop everything and read
Year 2	New SPAG topic	Gymnastics in PE	Music with Jan Mann	Funky French Thursday!	Drop and Read

## Key Events for next week– KS2 and ARB

	Monday	Tuesday	Wednesday	Thursday	Friday
Year 3	Maths: Can you find a unit fraction of a given quantity?	Writing: Non-fiction information text	History: The Discovery of Tutankhamun's Tomb	Funky French and PE Remember your PE Kits	Drop Everything and Read
Year 4	Exploring a new text in Talk for Writing	PE – Tag Rugby with Cornish Pirates	RE – Judaism	Funky French Thursdays	Drop Everything and Read
Year 5	Music: Partner Songs	Writing: Discussion Shared write	Maths: Multiplying a 4-digit number.	Funky French and Yoga Remember your PE kits!	Drop Everything and Read
Year 6	Exploring Explanation Texts	Multiplying Fractions	PE - Basketball	History – Life during the Blitz	Drop Everything and Read
Cosmonauts	PSHE Healthy bodies	Amazing Art Superhero capes	Sensational Science Wiggly worms	Cooking Superhero smoothie	Computing

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## EYFS 'Highlight of the Week'



### Nursery

This week in Nursery we have been learning about the ways people celebrate Lunar New Year. We have listened to the story about 'Bizzy Bear' and how he celebrates the New Year. We have cut and decorated our own lanterns. We enjoyed preparing and eating noodles and vegetables together at snack time. We even tried to using chopsticks!

### Reception

This week in Reception we have been consolidating all our phonics learning. We have been reading words and matching them to the pictures, spying tricky words and writing CVC words and captions using our Fred fingers. We have also all been working very hard in our handwriting lessons to make sure we are forming all our letters correctly.



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## KS1 'Highlight of the Week'



### Year 1

Year 1 have been learning all about how the weather affects our lives. We discussed the different seasons and the various weather that they bring. We talked about the different clothes we would wear on a hot or cold holiday and packed a suitcase for each. We have looked at the weather forecast and the symbols they use for the different types of weather.

### Year 2

This week in Year 2, we have had an amazing time mono-printing. Our pictures were a mixture of experimentation, mark making and using new tools. We were really excited to use rollers to apply the ink and cannot wait to finish our final pieces inspired by Andy Warhol. We have also really enjoyed our music lesson with Jan Mann and we loved the hook for our new explanation text about fruits and vegetables. We tasted lots of exotic fruits like goji berries and papaya.





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## Lower KS2 'Highlight of the Week'



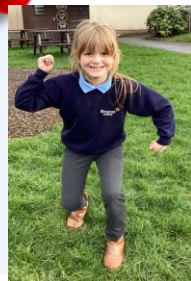
### Year 3

Another Brilliant week in Year 3 completed! This week, we put our artist hats on and learnt, designed and created a sculpture out of Modroc and pipe cleaner. We started off by learning about artists that use Modroc as their primary medium in their art and saw how they used it to show movement within their pieces. Then, we created our very own dynamic movements and created a design based on that. Following that, we went on to creating our foundation structure and shape with pipe cleaners and then started to add Modroc body part by body part. We had great fun exploring this new medium and can't wait to see what we are going to learn next in Art. Well done Year 3!

### Year 4

How are we at the end of Week 4 already? This week, children have continued to shine in Year 4: they have produced some fantastic independent stories linked to character flaws; they have explored the text and how language choices support us with getting to know key characters in reading; in maths, they have learnt about factors and how they link to multiplication; and children have also excelled in their use of watercolours in art.

All staff in Year 4 are so proud of all the children we teach.  
Thank you all for always giving your best.



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## Upper KS2 'Highlight of the Week'



### Year 5

Year 5 have had a great week; we have become scientists undertaking experiments to see which items have the most and least water resistance as well as which ball had the most friction. We have also started our Music unit – singing. We have appraised music from the 11th Century all the way to 2025 and had a go at singing three-part rounds.

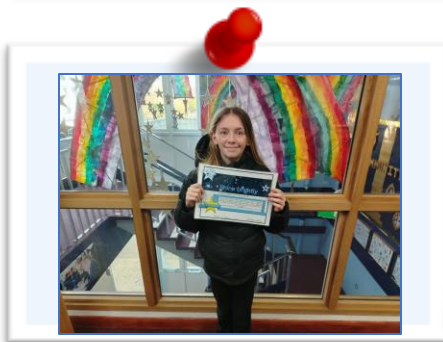
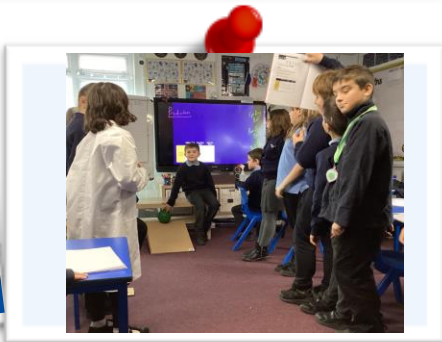
Our new writing unit has begun, we have been story mapping our non-fiction unit, Discussions. It is great to hear everyone's opinions. Keep being brilliant Year 5!

### Year 6

It has been another amazing week in Year 6 – all staff are continually amazed at the hard work children put into their lessons.

This week children have excelled when producing their final versions of their journey tales – there really are some amazing authors in the year group. Children have also coped fantastically with adding and subtracting mixed numbers in fractions; exploring how imagery is conveyed with word choice in reading; and how primary and secondary sources can tell us about World War II in History.

Thank you for shining brightly Year 6 – have a restful weekend and we look forward to seeing you next week.



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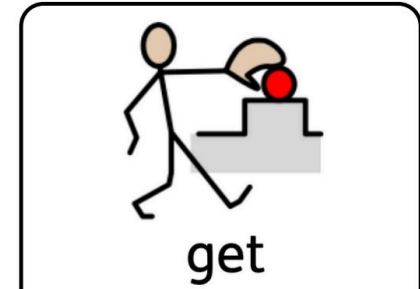


## Cosmonauts 'Highlight of the Week'



It has been another fantastic week in the ARB this week. We have been continuing with retelling our 'Superworm' story, doing lots of number work and practising our letters and sounds. We have made lollipop superheroes in Art, thought about the parts of our bodies in PSHE, sorted animals into their habitats in Science and made superhero shield pizzas in cooking.

### Core word of the week












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## Who has SHONE BRIGHTLY this week?

## Thinking big

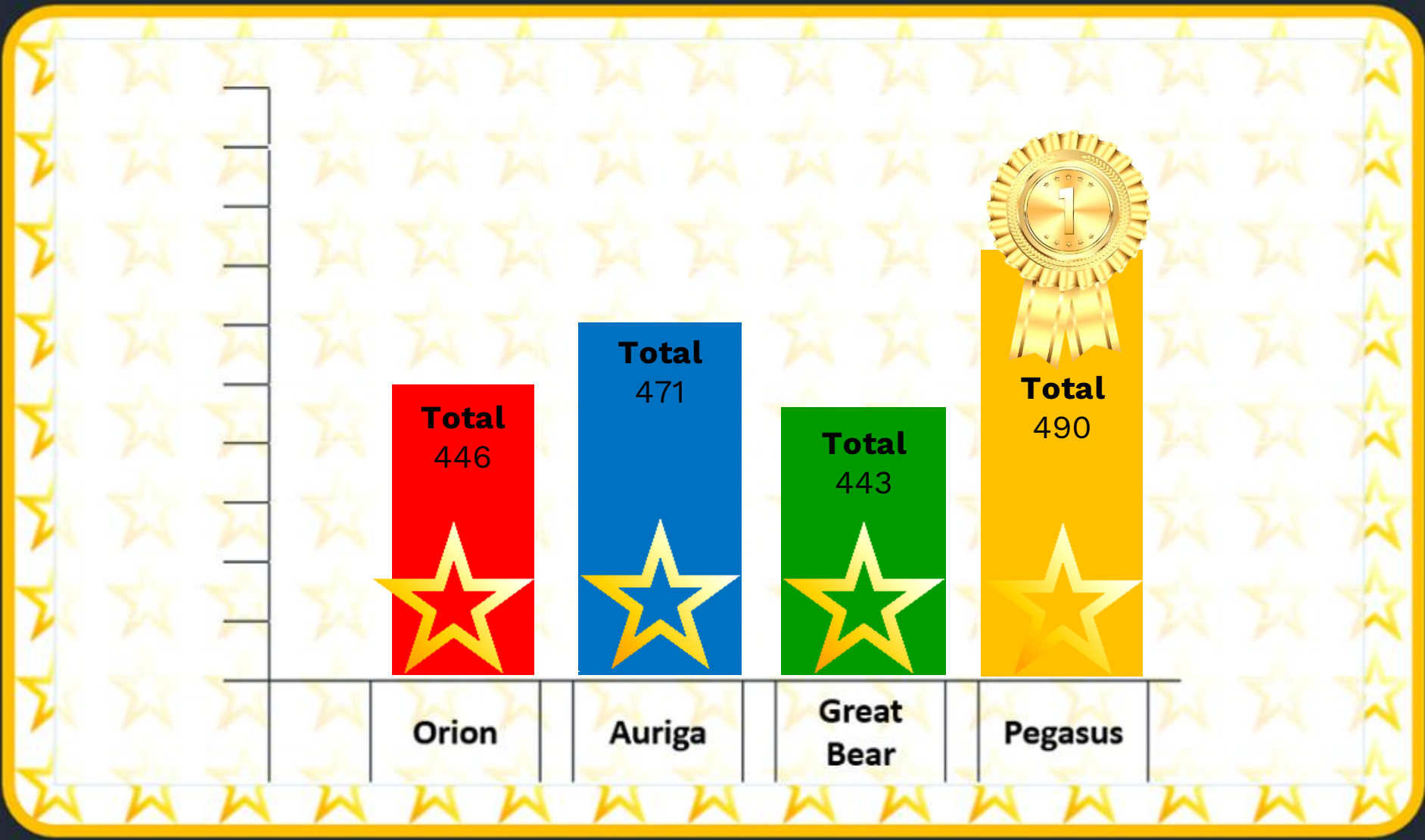
<b>Space Voyagers (YR)</b>		Ava Allum	<b>Pioneers (Y3)</b>		Archer Watkins
<b>Space Travellers (YR)</b>		Hugo Garcia	<b>Discoverers (Y3)</b>		Kaleb Blight
<b>Space Adventurers (Y1)</b>		Jacob Kasala	<b>Supernovas (Y4)</b>		Archie Blacklaw
<b>Space Explorers (Y1)</b>		Coby-Jay Bridger	<b>Constellations (Y4)</b>		Patsy Butler-Vincent
<b>Spaceships (Y2)</b>		Darcey-Leigh Howard	<b>Comets (Y5)</b>		Millie Lean
<b>Rockets (Y2)</b>		Daytona Cavendish	<b>Meteors (Y5)</b>		Laila-Mae Crocker
<b>Cosmonauts (ARB)</b>		Bonnie Dalley	<b>Aviators (Y6)</b>		Freya Smith
<b>Shine</b>			<b>Astronomers (Y6)</b>		Alissia Gilbert
			<b>Astronauts (Y6)</b>		Maddie Rosevear

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House Points! 

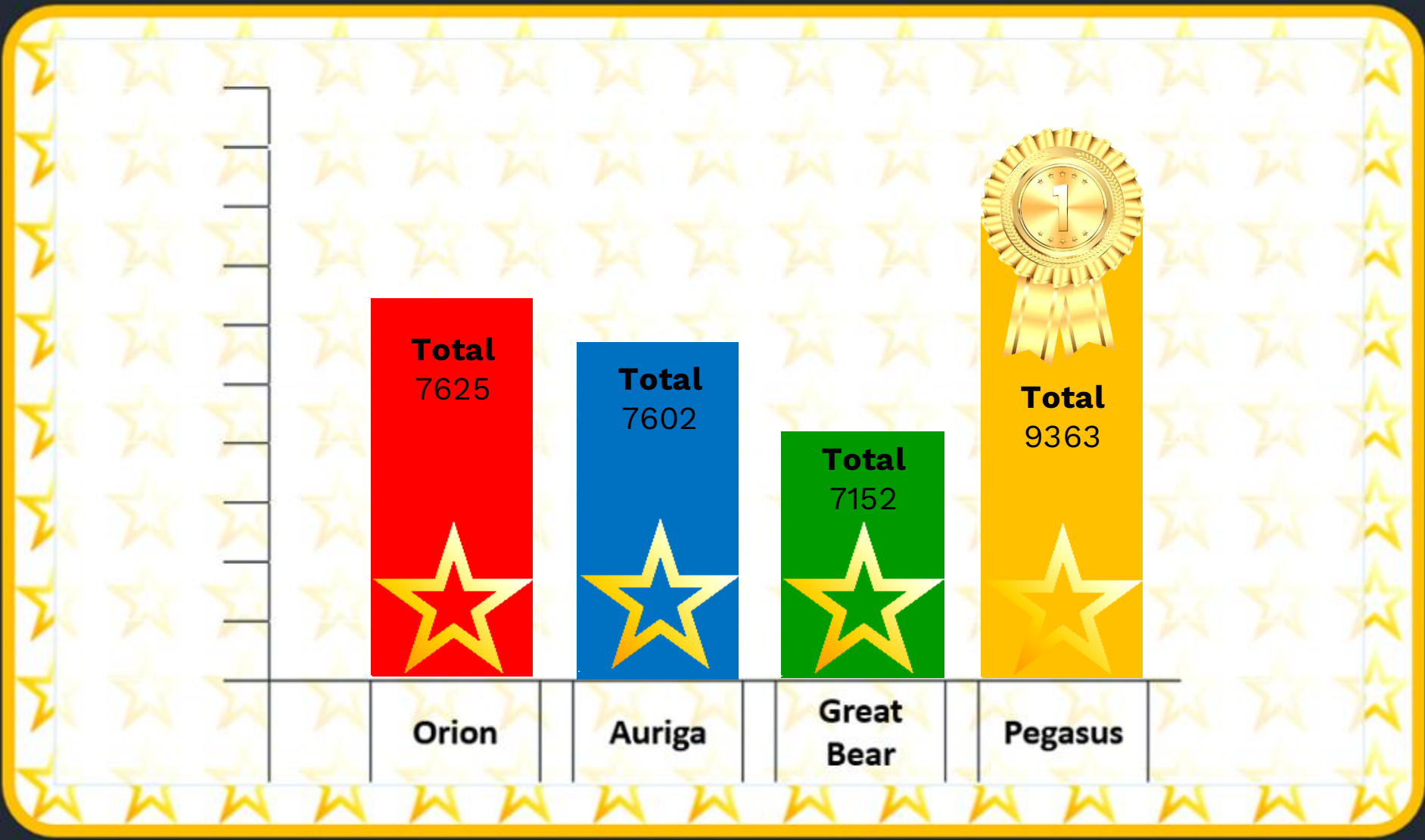


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House Points! 





## Attendance Information

### How is a Penalty Notice paid?

Penalty notices can be paid by card by calling the office on 01872 324201. Alternatively, payment can be made by cash or cheque at any Cornwall Council Information Service. If the 21st/ 28th day for payment falls on a weekend or bank holiday, payment will be accepted at the same rate on the following working day.

### What happens if a Penalty Notice is not paid?

If a Penalty Notice is not paid within the 28 days of issue (as per the dates listed on the Penalty Notice), Cornwall Council will progress the matter to the Magistrates' Court, for the offence of failing to ensure regular attendance, NOT for failure to pay the fine.

If found guilty:

- under section 444(1), it can result in the parent being fined up to £1000
- under section 444(1A), it can result in the parent being fined up to £2,500 and/or receiving a custodial sentence of up to 3 months

**Cornwall Council may also apply for costs incurred in taking the matter to court.**

### Contact us

Education Welfare Service, New County Hall, Treyew Road, Truro, TR1 3AY

[educationwelfare@cornwall.gov.uk](mailto:educationwelfare@cornwall.gov.uk)

01872 324298

If you would like this information in another format or language please contact:

Cornwall Council, County Hall,  
Treyew Road, Truro, TR1 3AY

e: [customerservices@cornwall.gov.uk](mailto:customerservices@cornwall.gov.uk)

t: 0300 1234 100



Together   
for Families

## Penalty Notices

A guide to Education Welfare Services for parents and carers



 [www.cornwall.gov.uk/togetherforfamilies](http://www.cornwall.gov.uk/togetherforfamilies)



## Attendance Information

### What is a Penalty Notice?

A penalty notice is a fine that can be issued under section 444A and section 444B of the Education Act 1996. The fine is issued per parent, per child for:

- Leave of absence of 10 school sessions/5 days or more within any rolling 10 school week\* period during term time, without authorisation from the school. This can include unauthorised absence for a holiday.
- Unauthorised absence of 10 or more sessions/5 days within any rolling 10 school week\* period where a parent fails to provide an explanation for the absence, or where an explanation is provided but the school consider it insufficient to authorise the absence.
- Unauthorised lateness of 10 school sessions within any rolling 10 school week\* period, whereby a child arrives at school after the registers have closed.

**NB a penalty notice can be issued for any combination of the above reasons where there are 10 sessions/5 school days or more of unauthorised absence within any rolling 10 school week period. The unauthorised absence can be consecutive or non-consecutive and can span over two terms (including between academic years).**

Or when

- A pupil is observed in a public place during school hours in the first five school days of a period of exclusion from school, without reasonable justification.

\* a school week is any week in which a school meets at least once.

### Who can be issued with a Penalty Notice?

Parents and carers of a child can be issued with a Penalty Notice. The definition of a 'parent' as set out in section 576 of the Education Act 1996: By virtue of this section 'parent' includes: all natural parents, whether they are married or not; any person or body who has parental responsibility for a child (as defined by the Children Act 1989) and any person who, although not a natural parent, has care of a child. Having care of a child means a person who lives with and looks after a child, irrespective of what their relationship is with said child.

### How much is a Penalty Notice fine?

As of the 19th of August 2024, a penalty notice is £80 if paid within 21 days. If the fine is not paid in 21 days, it will rise to £160 if paid within 28 days of being issued.

If a second penalty notice is issued to the same parent for the same child within a three-year rolling period, the fine will automatically rise to £160 with no option to pay the lower rate of £80.

If a parent then commits a third offence in a three-year rolling period, Cornwall Council will need to consider other enforcement optional options available. This could include prosecution under section 444(1) or section 444(1A) of the Education Act 1996. If found guilty a parent would receive a criminal record and substantial fine.

### Penalty Notices are issued per parent, per child.

Therefore, if there are two parents and two children, the fines will total £320 if paid within 21 days or £640 if paid after 21 days but within 28 days (or for a second offence).

### Can a Penalty Notice be paid in instalments?

**No.** Penalty Notices must be paid in full, within the designated dates. However, if a parent has more than one child and is therefore issued with more than one fine, they can pay the fines separately if they wish.

### Who is responsible for issuing Penalty Notices?

It is a Headteacher's decision whether or not to authorise an absence and, if their decision is not to authorise, they have the right to request a Penalty Notice in line with their attendance policy process. Cornwall Council's role is to check that the evidence submitted is compliant with Cornwall Council's Code of Conduct for Education Related Penalty Notices and, if so, to issue as appropriate.

### Can a parent appeal a Penalty Notice?

There is no statutory right of appeal once a Penalty Notice has been issued. If you believe that the Penalty Notice should not have been issued, you should make contact with the school or academy that your child attends at your very earliest convenience after receiving the Penalty Notice. If you wish to discuss the Penalty Notice procedure, you can contact Cornwall Council's Education Welfare Service on **01872 324298**, or email [educationwelfare@cornwall.gov.uk](mailto:educationwelfare@cornwall.gov.uk)

## This week's golden hoody winners



*Alice - Comets*



*Jacek - Meteors*



*Brodie - Rockets*

## This week's golden hoody winners



*Darcie Leigh - Spaceships*



*George - Spaceships*



## Dates for the diary!

Monday 3rd February	<ul style="list-style-type: none"> <li>Y4 Oxford Family Residential Meeting – 3:15pm</li> </ul>
Tuesday 4th February	<ul style="list-style-type: none"> <li>Y3 Bristol Family Residential Meeting – 3:15pm</li> </ul>
Wednesday 5th February	<ul style="list-style-type: none"> <li>Y6 London Family Residential Meeting – 3:15pm</li> </ul>
Thursday 6th February	<ul style="list-style-type: none"> <li>Y2 London Family Residential Meeting – 3:15pm</li> </ul>
Monday 10th – Friday 14th February	<ul style="list-style-type: none"> <li><b>NO CLUBS – will resume after half term</b></li> </ul>
Monday 10th February	<ul style="list-style-type: none"> <li>World of Work Week</li> </ul>
Tuesday 11th February	<ul style="list-style-type: none"> <li>Safer Internet Day</li> </ul>
Wednesday 12th February	<ul style="list-style-type: none"> <li>Parent Consultations</li> </ul>
Thursday 13th February	<ul style="list-style-type: none"> <li>Internet Safety Presentation Workshop for families – 3:30pm</li> <li>Parent Consultations</li> </ul>
Friday 14th February	<ul style="list-style-type: none"> <li>Aspirations Day</li> <li>Reception to Hall for Cornwall – Gruffalo's Child</li> </ul>
Monday 24th February	<ul style="list-style-type: none"> <li><b>INSET DAY – SCHOOL CLOSED TO PUPILS</b></li> </ul>



## Dates for the diary!

Tuesday 4th March	<ul style="list-style-type: none"><li>• Y5 final family meeting for Manchester residential</li></ul>
Wednesday 5th March	<ul style="list-style-type: none"><li>• St Piran's Day</li></ul>
Friday 7th March	<ul style="list-style-type: none"><li>• World Book Day</li></ul>
Monday 10th – Wednesday 12th March	<ul style="list-style-type: none"><li>• Manchester residential</li></ul>
Friday 21st March	<ul style="list-style-type: none"><li>• Comic Relief</li></ul>
Monday 24th – Friday 28th March	<ul style="list-style-type: none"><li>• Last week for clubs</li></ul>
Wednesday 2nd April	<ul style="list-style-type: none"><li>• The Royal Beacon Show</li></ul>
Monday 7th – Monday 21st April	Easter Holidays

Extra notifications 



Open from 8:00 – 8:30 daily  
(Booking required)

Our free breakfast club operates during term time and is available to all pupils. Starting at 8:00 AM until the start of school we offer the children a selection of healthy breakfast options such as toast, cereals, fruit, water, and milk. The children will then have the opportunity to enjoy reading games puzzles and other to activities.

Sponsored  
by



FREE for all children 

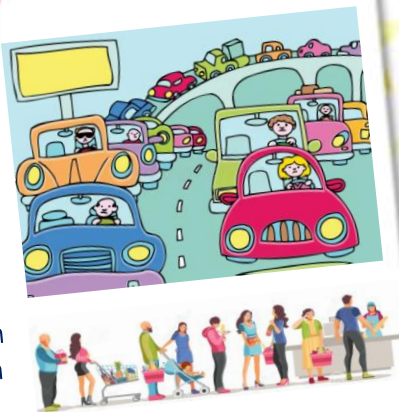
**Beacon**  
Shine brightly 



## Extra notifications

### End of day pickups

We all experience problems from time to time collecting at the end of school day, the long queue, stuck in a traffic jam etc, so if you find the playground empty when collecting your child at the end of the day, please collect them from wraparound – situated in Spaceship class via the Y2 playground.



### IMPORTANT

We continue to be so proud of how well our children are responding to their learning and the progress they are making. In order to do this, it is so important that our children come to school with a positive attitude to learning in the correct school uniform and on time. Please talk to our team if we can help you with any aspect of this.



### A Polite Request.

If you need to get a message to your child during the school day, please call the main office before **2:30pm** to ensure the message is passed on.



### IMPORTANT REQUEST

Can we please ask parents when collecting children from school that you do not park in the bays above the bungalows. We had one resident today that could not park her car near her bungalow and due to being disabled this caused problems for her. Thank you for being respectful to our neighbours.

IMPORTANT

For safeguarding purposes children should not be wearing smart watches in school.





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## Young Carers



In partnership with  
Believe in  
children  
Barnardo's

# AM I A

# YOUNG CARER?

If any of these sound like you,  
you may be a Young Carer...



- Practical tasks -**  
cooking, housework,  
shopping and  
gardening.
- Physical care -**  
helping the cared for  
in/out of bed, around the  
house, outside the home.
- Emotional support -**  
listening, talking and  
showing empathy.
- Personal care -**  
undressing/dressing,  
bathing, using the toilet.
- Managing the family budget -**  
paying bills, seeking benefits,  
working to contribute  
financially.
- Supporting with  
Communication -**  
Making calls, relaying needs  
to professionals, helping a  
sibling communicate.
- Dealing with Medication -**  
collecting prescriptions,  
giving medication,  
attending appointments.
- Supporting family  
members during crisis -**  
calling emergency services,  
providing emotional  
support during hospital  
visits, dealing with the  
trauma after the event.
- Looking after siblings -**  
feeding, bathing,  
dressing, homework,  
emotional support.
- Completing daily  
nursing tasks -**  
clearing peg/breathing  
tubes, personal care,  
feeding and bathing.

To find out more,  
scan the QR code



If you believe that your child is a young carer then please speak to our admin team and they will advise you as to how we can help you in school.

Or you can contact Cornwall Young Carers directly on their freephone number 01736 756655, or by emailing [kernowyoungcarers@barnardos.org.uk](mailto:kernowyoungcarers@barnardos.org.uk).

Cornwall Young Carers complete great work with the young carers in our county by aiming to support them to self-manage caring responsibilities, providing information, advice and guidance over the phone and working with schools.

They also provide direct 1-1 work with Young Carers and Young Adult Carers as well as offering activities on a regular basis and during the school holidays.



**ChatHealth  
Parent Line 0-5**



**07312 263 423**



**ChatHealth  
Parent Line 5-19**



**07312 263 499**

**ChatHealth Young  
People 11-19**



**07312 263 096**



**ChatHealth**  
Cornwall and the Isles of Scilly

[www.cornwall.gov.uk/chathealth](http://www.cornwall.gov.uk/chathealth)

Get  
confidential  
health and  
wellbeing advice  
and support





## Supporting Parents And Children Emotionally



SPACE is a free programme for any Kernow Learning parent or carer who wants to better understand and support their children's emotions, as well as their own.

**FREE!**

- ★ Gain an understanding of the impact of life experiences on yourself as a parent & on your children.
- ★ Help to manage your child's behaviour and develop strategies for building resilience in yourself & your children.
- ★ Take away strategies to implement at home and use in everyday life
- ★ Focusing on building the wellbeing of your whole family

Our 5 week programme is available on the following dates, online or at locations across Cornwall.

**Trenance Academy, Newquay**

Session Dates: 13th Nov, 20th Nov, 27th Nov, 4th Dec, 11th Dec.  
Session Times: 1.15pm- 3.15pm

**St Francis C of E Academy, Falmouth**

Session Dates: 11th Nov, 18th Nov, 25th Nov, 2nd Dec, 9th Dec, 16th Dec  
Session Times: 1.00pm- 3.00pm

**King Charles C of E Primary School, Falmouth**

Session Dates: 11th Nov, 18th Nov, 25th Nov, 2nd Dec, 9th Dec.  
Session Times: 3.30pm- 5.30pm

**Foxhole Learning Academy, St Austell \*\*ONLINE COURSE DAY TIME\*\***

Sessions Dates: 7th Jan, 14th Jan, 21st Jan, 28th Jan, 4th Feb  
Session Times: 10am-11am

**Foxhole Learning Academy, St Austell \*\*ONLINE COURSE EVENING\*\***

Session Dates: 27th Feb, 6th Mar, 13th Mar, 20th Mar, 27th Mar  
Session Times: 7pm- 8pm

**Sky Primary, St Austell \*\*ONLINE COURSE DAY TIME\*\***

Session Dates: 16th June, 23rd June, 30th June, 7th July, 14th July.  
Session Times: 1pm-3pm

 **Book here**

Scan the QR to book your place



HEADSTART KERNOW

**BUILDING EXCELLENT Schools Together**

**Kernow Learning**



## Couch to 5K



- 🍏 Free weekly running sessions for beginners
- 🍏 Learn to run for 30 minutes in 12 weeks through NHS designed programme starting with an easy walk-and-talk session
- 🍏 Get outside, get active and meet new people

 **Healthy Cornwall**



**Tuesdays**  
1pm - 2pm

Meeting at the **Scarletts Well car park**

Booking is **essential**. Call or go to our website to book.



 01872 324200  
 [healthycornwall.org.uk](http://healthycornwall.org.uk)

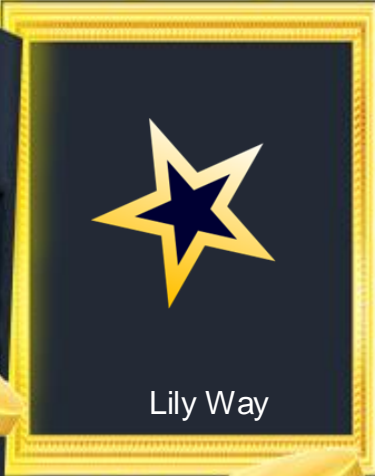


BeBrave

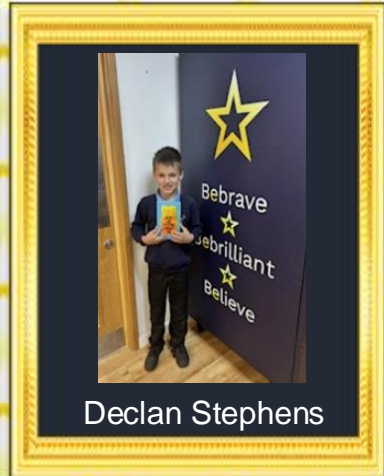
Believe

BeBrilliant

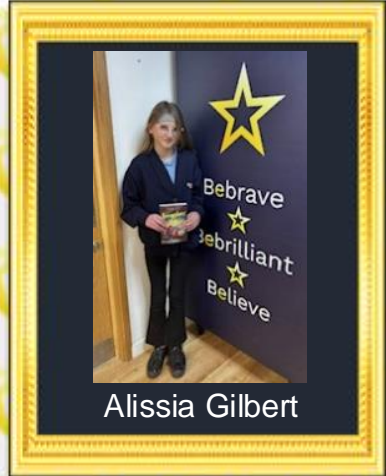
Who shone even brighter!



Lily Way



Declan Stephens



Alissia Gilbert



Our wonderful winners and their choice of the book of their choice...





Extra notifications 



# Nursery



Can we please remind all our Nursery families to be ready at our entrance for your child's start time. When staff have to come out and let people in, it leaves the Nursery understaffed.

Thank you for your understanding.

Start times are **8.30am** or **9.00am** and **12pm** for afternoon sessions.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Macaroni cheese (V) Carrots and peas Tomato and Basil Pasta(v)</p> <p>Fruity yoghurt dessert</p> <p>Allergens: 2,4,7, </p>	<p>Sausage roll with herbed potatoes and broccoli/peas Vegetarian sausage roll (v)</p> <p>Blueberry Muffin</p> <p>Allergens: 2,4,7, </p>	<p>Roast turkey with seasonal vegetables and roast potatoes Quorn Veggie Meatloaf (v)</p> <p>Crumble and custard</p> <p>Allergens: 2,4,7, </p>	<p>Sweet and sour chicken, rice with green beans/carrots Sweet and sour veg (v)</p> <p>Toffee yoghurt</p> <p>Allergens: 2,4,7,14, </p>	<p>Sausage, Chips and sweetcorn Vegetable Fingers (v)</p> <p>Various puddings</p> <p>Allergens: 2,7, </p>
<p>Chicken in cheese sauce pasta bake peas carrots Tomato and Basil Pasta(v)</p> <p>Fruity yoghurt desserts</p> <p>Allergens: 2,4,7, </p>	<p>Chicken Curry with Rice, broccoli, peas and naan bread Vegetable Curry (v)</p> <p>Iced bun</p> <p>Allergens: 2,3,4,5,7, </p>	<p>Roast Beef with seasonal vegetables and roast potatoes Quorn Veggie Meatloaf(v)</p> <p>Banana and custard</p> <p>Allergens: 2,4,7, </p>	<p>Margarita Pizza with Wedges, green beans and sweetcorn Vegan Margarita Pizza (V)</p> <p>Lemon sponge</p> <p>Allergens: 2,4,7, </p>	<p>Fishfingers, Chips and peas Vegetable Sausage (v)</p> <p>Various puddings</p> <p>Allergens: 2,5,7, </p>
<p>Tuna in a tomato herb pasta bake peas/carrots Tomato and Basil Pasta(v)</p> <p>Fruity yoghurt dessert</p> <p>Allergens: 2,4,5,7, </p>	<p>Cottage pie with carrots and sweetcorn Vegetable cottage pie (V)</p> <p>Chocolate Muffin</p> <p>Allergens: 2,4,7, </p>	<p>Roast chicken with seasonal vegetables and roast potatoes Quorn Veggie Meatloaf (v)</p> <p>Fruit salad with custard</p> <p>Allergens: 2,4,7, </p>	<p>Meatballs in a tomato sauce steamed rice and green beans garlic bread Veggie balls (v)</p> <p>Chocolate chip cookie</p> <p>Allergens: 2,4,7,13, </p>	<p>Chicken Dippers, Chips and peas Veggie Chicken (v)</p> <p>Various puddings</p> <p>Allergens: 2,7, </p>

**ALLERGENS**

1 = CELERY, 2 = CEREAL CONTAINING GLUTEN, 3 = CRUSTACEANS, 4 = EGGS, 5 = FISH, 6 = LUPIN SEEDS AND FLOUR  
7 = DAIRY, 8 = MOLLUSCS, 9 = MUSTARD, 10 = NUTS, 11 = PEANUTS, 12 = SESAME SEEDS, 13 = SOYA, 14 = SULPHUR DIOXIDE

January 2025							February 2025							March 2025							April 2025						
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5						1	2	3	4	5	6	7	8	9		1	2	3	4	5	6
6	7	8	9	10	11	12	3	4	5	6	7	8	9	10	11	12	13	14	15	16	7	8	9	10	11	12	13
13	14	15	16	17	18	19	10	11	12	13	14	15	16	17	18	19	20	21	22	23	14	15	16	17	18	19	20
20	21	22	23	24	25	26	17	18	19	20	21	22	23	24	25	26	27	28	29	30	21	22	23	24	25	26	27
27	28	29	30	31			24	25	26	27	28			31							28	29	30				

Jacket potatoes with various fillings, salad bar, fruit and yoghurt available every day

Extra notifications 


## School Menus

## School Menus

SCHOOL MENU – WEEK COMMENCING

Monday 3rd February

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Tuna in a tomato herb pasta bake peas/carrots Tomato and Basil Pasta(v) Fruity yoghurt dessert Allergens: 2,4,5,7, </p>	<p>Cottage pie with carrots and sweetcorn Vegetable cottage pie (V) Chocolate Muffin Allergens: 2,4,7, </p>	<p>Roast chicken with seasonal vegetables and roast potatoes Quorn Veggie Meatloaf (v) Fruit salad with custard Allergens: 2,4,7, </p>	<p>Meatballs in a tomato sauce steamed rice and green beans garlic bread Veggie balls (v) Chocolate chip cookie Allergens: 2,4,7,13, </p>	<p>Chicken Dippers, Chips and peas Veggie Chicken (v) Various puddings Allergens: 2,7, </p>

Please ensure you are pre booking your dinners via the MyEd/PlusPay app. 



## Extra notifications



**IMPORTANT**  
Polite reminder – There are no staff on duty in the mornings until 8:30am. Children arriving before that time are very welcome to attend our free Breakfast Club but should not be on the grounds otherwise for their own safety.



## School Terms and Holidays 2024/25

Beacon Academy

<b>September 2024</b> Mon 2 9 16 23 30 Tue 3 10 17 24 Wed 4 11 18 25 Thu 5 12 19 26 Fri 6 13 20 27 Sat 7 14 21 28 Sun 1 8 15 22 29	<b>October 2024</b> Mon 7 14 21 28 Tue 1 8 15 22 29 Wed 2 9 16 23 30 Thu 3 10 17 24 31 Fri 4 11 18 25 Sat 5 12 19 26 Sun 6 13 20 27	<b>November 2024</b> Mon 4 11 18 25 Tue 5 12 19 26 Wed 6 13 20 27 Thu 7 14 21 28 Fri 1 8 15 22 29 Sat 2 9 16 23 30 Sun 3 10 17 24
<b>December 2024</b> Mon 2 9 16 23 30 Tue 3 10 17 24 31 Wed 4 11 18 25 Thu 5 12 19 26 Fri 6 13 20 27 Sat 7 14 21 28 Sun 1 8 15 22 29	<b>January 2025</b> Mon 6 13 20 27 Tue 7 14 21 28 Wed 1 8 15 22 29 Thu 2 9 16 23 30 Fri 3 10 17 24 31 Sat 4 11 18 25 Sun 5 12 19 26	<b>February 2025</b> Mon 3 10 17 24 Tue 4 11 18 25 Wed 5 12 19 26 Thu 6 13 20 27 Fri 7 14 21 28 Sat 1 8 15 22 Sun 2 9 16 23
<b>March 2025</b> Mon 3 10 17 24 31 Tue 4 11 18 25 Wed 5 12 19 26 Thu 6 13 20 27 Fri 7 14 21 28 Sat 1 8 15 22 29 Sun 2 9 16 23 30	<b>April 2025</b> Mon 7 14 21 28 Tue 1 8 15 22 29 Wed 2 9 16 23 30 Thu 3 10 17 24 31 Fri 4 11 18 25 Sat 5 12 19 26 Sun 6 13 20 27	<b>May 2025</b> Mon 3 10 17 24 Tue 6 13 20 27 Wed 7 14 21 28 Thu 1 8 15 22 29 Fri 2 9 16 23 30 Sat 3 10 17 24 31 Sun 4 11 18 25
<b>June 2025</b> Mon 2 9 16 23 30 Tue 3 10 17 24 Wed 4 11 18 25 Thu 5 12 19 26 Fri 6 13 20 27 Sat 7 14 21 28 Sun 1 8 15 22 29	<b>July 2025</b> Mon 7 14 21 28 Tue 1 8 15 22 29 Wed 2 9 16 23 30 Thu 3 10 17 24 31 Fri 4 11 18 25 Sat 5 12 19 26 Sun 6 13 20 27	<b>August 2025</b> Mon 4 11 18 25 Tue 5 12 19 26 Wed 6 13 20 27 Thu 7 14 21 28 Fri 1 8 15 22 29 Sat 2 9 16 23 30 Sun 3 10 17 24 31

Key:

- School Holiday
- Bank Holiday
- Term Time
- Inset Day

Term dates summary:

Autumn Term 1: 3rd September - 25th October 2024

Autumn Term 2: 4th November - 20th December 2024

Spring Term 1: 6th January - 14th February 2025

Spring Term 2: 24th February - 4th April 2025

Summer Term 1: 22nd April - 23rd May 2025

Summer Term 2: 2nd June - 23rd July 2025

TOTAL: 195

Bank and Public Holidays 2024/25

Christmas Day	25th December 2024	Easter Monday	21st April 2025
Boxing Day	26th December 2024	May Bank Holiday	5th May 2025
New Years Day	1st January 2025	Spring Bank Holiday	26th May 2025
Good Friday	18th April 2025	Summer Bank Holiday	25th August 2025

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now deliver wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

## 10 Top Tips for Parents and Educators

# SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

- ### 1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.
- ### 2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Children have you feature emotions in different circumstances, providing a real-life framework for young ones to follow.
- ### 3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them deal with stress and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.
- ### 4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.
- ### 5 PRACTISE EMPATHY

Teach children to consider others' stress and emotions – and to explore why they might think or feel the way. Role-playing and discussing various scenarios can enhance their ability to empathise, understanding other emotions helps children to develop compassion and improves their social interactions.
- ### 6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.
- ### 7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think creatively about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions proactively and build resilience.
- ### 8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.
- ### 9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.
- ### 10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforce the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.

### Meet Our Expert

Adam Street is Associate Vice-Principal for Personal Development at Penrith Grammar School and works on a secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.





## School Terms and Holidays 2025/26 Beacon Academy

September 2025					October 2025					November 2025							
Mon	1	8	15	22	29	Mon	6	13	20	27	Mon	3	10	17	24		
Tue	2	9	16	23	30	Tue	7	14	21	28	Tue	4	11	18	25		
Wed	3	10	17	24		Wed	1	8	15	22	29	Wed	5	12	19	26	
Thu	4	11	18	25		Thu	2	9	16	23	30	Thu	6	13	20	27	
Fri	5	12	19	26		Fri	3	10	17	24	31	Fri	7	14	21	28	
Sat	6	13	20	27		Sat	4	11	18	25		Sat	1	8	15	22	29
Sun	7	14	21	28		Sun	5	12	19	26		Sun	2	9	16	23	30
December 2025					January 2026					February 2026							
Mon	1	8	15	22	29	Mon	5	12	19	26	Mon	2	9	16	23		
Tue	2	9	16	23	30	Tue	6	13	20	27	Tue	3	10	17	24		
Wed	3	10	17	24	31	Wed	7	14	21	28	Wed	4	11	18	25		
Thu	4	11	18	25		Thu	1	8	15	22	29	Thu	5	12	19	26	
Fri	5	12	19	26		Fri	2	9	16	23	30	Fri	6	13	20	27	
Sat	6	13	20	27		Sat	3	10	17	24	31	Sat	7	14	21	28	
Sun	7	14	21	28		Sun	4	11	18	25		Sun	1	8	15	22	
March 2026					April 2026					May 2026							
Mon	2	9	16	23	30	Mon	6	13	20	27	Mon	4	11	18	25		
Tue	3	10	17	24	31	Tue	7	14	21	28	Tue	5	12	19	26		
Wed	4	11	18	25		Wed	1	8	15	22	29	Wed	6	13	20	27	
Thu	5	12	19	26		Thu	2	9	16	23	30	Thu	7	14	21	28	
Fri	6	13	20	27		Fri	3	10	17	24	Fri	1	8	15	22	29	
Sat	7	14	21	28		Sat	4	11	18	25	Sat	2	9	16	23	30	
Sun	1	8	15	22	29	Sun	5	12	19	26	Sun	3	10	17	24	31	
June 2026					July 2026					August 2026							
Mon	1	8	15	22	29	Mon	6	13	20	27	Mon	3	10	17	24	31	
Tue	2	9	16	23	30	Tue	7	14	21	28	Tue	4	11	18	25		
Wed	3	10	17	24		Wed	1	8	15	22	29	Wed	5	12	19	26	
Thu	4	11	18	25		Thu	2	9	16	23	30	Thu	6	13	20	27	
Fri	5	12	19	26		Fri	3	10	17	24	31	Fri	7	14	21	28	
Sat	6	13	20	27		Sat	4	11	18	25	Sat	1	8	15	22	29	
Sun	7	14	21	28		Sun	5	12	19	26	Sun	2	9	16	23	30	

**Key:**

<span style="background-color: #ADD8E6; border: 1px solid black; display: inline-block; width: 10px; height: 10px;"></span>	School Holiday
<span style="background-color: #90EE90; border: 1px solid black; display: inline-block; width: 10px; height: 10px;"></span>	Bank Holiday
<span style="background-color: #3CB371; border: 1px solid black; display: inline-block; width: 10px; height: 10px;"></span>	INSET Day
<span style="background-color: #FFFFFF; border: 1px solid black; display: inline-block; width: 10px; height: 10px;"></span>	School open

**Term dates summary:**

**Autumn Term (74 days)**  
2nd September 2025 - 19th December 2025 (Half term: 27th-31st October 2025)

**Spring Term (59 days)**  
5th January 2026 - 2nd April 2026 (Half term: 16th - 20th February 2026)

**Summer Term (62 days)**  
20th April 2026 - 22nd July 2026 (Half term: 25th-29th May 2026)

**Bank and Public Holidays 2025/26**

Christmas Day	25th December 2025	Easter Monday	6th April 2026
Boxing Day	26th December 2025	May Bank Holiday	4th May 2025
New Years Day	1st January 2026	Spring Bank Holiday	25th May 2026
Good Friday	3rd April 2026	Summer Bank Holiday	31st August 2026