



# Shine Brightly Curriculum



Shine brightly  
in the  
ARB



Bebrave 

Bebrilliant 

Believe 

### My communication (Literacy)

Following instructions: cooking, playground games

Sing and sign: Daily

Story time: Daily

PECs

TACPAC

Individualised 1:1 targets for reading, read write inc and writing (related to individual targets)

Talk for writing – Linked to key stories

Sensory stories linked to topics

Role play area: Café

Story corner: reading/ discussing books

Role play masks

Adapted books

Board games/puzzles

Magnetic letters

Use of water and sand tray for literacy activities

Daily TEACCH workstations

Outdoor literacy resources

Literacy tuff trays: Weekly books and writing activities

### Key Stories

The Hungry Caterpillar, Handa's surprise, The Tiger that Came to Tea, Ten Fat Sausages, Chocolate Cake, The Gigantic Turnip



ARB

Cosmonauts Class: Spring Term 25/26

Curriculum Topic

The Hungry Caterpillar

**Inclusion:** whole school inclusion within classes, assembly, library, celebrations, school performance, play time, lunch time, after school clubs, lunch time clubs

### My Cognition (Maths)

Daily topic themed activities: 1:1 or small groups

Money: Snack shop/ weekly shopping trips

Use of the water and sand trays for maths activities

Individualised 1:1 targets for maths activities

Continuous provision activities linked to maths

Role play area: Cafe

Independent TEACCH Workstation activities

Counting games/ songs

Puzzles/ Board games

Magnetic numbers

Numeracy tuff trays

Outdoor numeracy resources

Shoe box tasks

### Me and my community

Inclusion into preferred mainstream lessons

Visits to local area

Trips to local cafes

Supermarket trips

Visiting churches/ foodbank etc

Visitors from the local community

Healthy foods picnic with parents

### How my world works (Science/Humanities)

Science: Sp 1 – Animals including humans (basic needs/ keeping healthy)

Sp 2 – Plants

Geography: Where food comes from

History: Food through the ages

Science/ geography: Daily weather/ seasons display

Computing: Purple Mash – linked to topic

PSHE: Sp 1: Zones of regulation

Sp 2: Healthy me

RE: celebrations

**Independent Life Skills:** Develop self-care routines, cooking & independence, following routines, dressing/undressing and following TEACCH schedules/communication methods, using objects of reference, communication skills, reducing anxiety and managing behaviour

### My creativity

Music: Daily singing hands

Art: Food printing, still life drawing, collages

D&T: Food packaging sculptures

Cooking: healthy recipes (fruits and vegetables)

Topic tray: Linked to T4W texts

Sensory Tray: Exploring textures through different sensory mediums

Fine motor Tray: Activities to strengthen fine motor skills.

Construction area: linked to topic

### My body (PE)

Sing and sign: daily

Playground: playground games

Daily fun fit/ sensory circuits

Fine motor tray: Activities linked to literacy and numeracy targets to strengthen fine motor skills

Sensory/ messy play: linked to literacy and numeracy targets

Weekly outdoor learning sessions

Soft play equipment

Play skills throughout the curriculum – alone and in a group – learning through a structured play approach

### Myself (PSED)

Rules and Routines – Timetable sharing daily

Lunch/dinner choices

Visual register

Tasks to timers

Handwashing/toileting routines – Visuals

Sharing and team work

Learning Journeys – weekly

Tac pac

Intensive interaction

Total communication classroom