



Shine Brightly Curriculum



Shine brightly
in the
ARB



Bebrave 

Bebrilliant 

Believe 

My communication (Literacy)

Following instructions: cooking, playground games
Sing and sign: Daily
Story time: Daily
PECs
TACPAC
Individualised 1:1 targets for reading, Phonics and writing (related to individual targets)
Talk for writing – Superworm/ SuperTato
Sensory stories linked to topics
Role play area: Doctor's surgery/ Vets
Story corner: reading/ discussing books
Role play masks
Adapted books
Board games/puzzles
Magnetic letters
Use of water and sand tray for literacy activities
Daily TEACCH workstations
Outdoor literacy resources
Literacy tuff trays: Weekly books and writing activities

How my world works (Science/Humanities)

Science: – Animals inc humans (How we change and And grow, our senses, how we keep healthy)
– Scientific enquiry – investigations to develop curiosity
Science/ geography: Daily weather/ seasons display
Computing: Purple Mash/busy things - linked to topic
PSHE: – Sp 1: Healthy bodies and minds
Sp 2: Staying safe
RE: Jigsaw – Celebrations

Independent Life Skills: Develop self-care routines, cooking & independence, following routines, dressing/undressing and following TEACCH schedules/communication methods, using objects of reference, communication skills, reducing anxiety and managing behaviour

Key Stories

Superworm, Supertato, A Superhero like you, Ten Little Superheroes, Real life Superheroes, non-fiction books around real life heroes. Newspaper boy and Origami girl, Traction Man



ARB Cosmonauts Class: Spring Term 2025 Curriculum Topic Superheroes

Inclusion: whole school inclusion within classes, assembly, library, celebrations, school performance, play time, lunch time, after school clubs, lunch time clubs, World of Work week

My creativity

Music: Singing hands
Art/D&T: Self portraits, superhero lairs and capes
Cooking: Healthy recipes and building life skills
Story tray: Small world play and story invention
Topic tray: Linked to topic and T4W texts
Sensory Tray: Exploring textures through different sensory mediums
Fine motor: Activities to strengthen fine motor skills during phonics sessions
Light trays: Letters, numbers, shapes and colour
Construction area: linked to topic
Geography: exploring the local area
History: Stories of real-life superheroes

My Cognition (Maths)

Daily topic themed activities: 1:1 or small groups
Money: Snack shop/ weekly shopping trips
Use of the water and sand trays for maths activities
Individualised 1:1 targets for maths activities
Continuous provision activities linked to maths
Role play area: Doctor's surgery/ Vets
Independent TEACCH Workstation activities
Counting games/ songs
Puzzles/ Board games
Magnetic numbers
Numeracy tuff trays
Outdoor numeracy resources
Shoe box tasks

Me and my community

Inclusion into preferred mainstream lessons
Visits to local area
Trips to local cafes
Supermarket trips
Visiting churches/ foodbank etc
Visitors from the local community

My body (PE)

Sing and sign: daily
Playground: playground games
Daily fun fit/ sensory circuits
Fine motor tray: Activities linked to literacy and numeracy targets to strengthen fine motor skills
Sensory/ messy play: linked to literacy and numeracy targets
Weekly outdoor learning sessions
Soft play equipment
Play skills throughout the curriculum – alone and in a group – learning through a structured play approach

Myself (PSED)

Rules and Routines – Timetable sharing daily
Lunch/dinner choices
Visual register
Tasks to timers
Handwashing/toileting routines – Visuals
Sharing and team work
Learning Journeys – weekly
Tac pac
Intensive interaction
Total communication classroom