



What are we learning in Year 2:

# P.E

Term: Autumn

Focus: Dance

1	To remember, repeat and link actions to tell the story of my dance.
2	To develop an understanding of dynamics and how they can show an idea.
3	Use counts of 8 to help you stay in time with the music.
4	To copy, remember and repeat actions using facial expressions to show different characters.
5	To copy, repeat and create actions in response to a stimulus.
6	To create a short dance phrase with a partner showing clear changes of speed.



What are we learning in Year 2:

# P.E

Term: Autumn

Focus: Fundamentals

1	To explore how the body moves when running at different speeds.
2	To develop changing direction and dodging.
3	To develop balance, stability and landing safely.
4	To explore and develop jumping, hopping and skipping actions.
5	To develop co-ordination and combining jumps.
6	To develop combination jumping and skipping in an individual rope.



What are we learning in Year 2:

# P.E

Term: Spring

Focus: Gymnastics

1	To perform gymnastic shapes and link them together.
2	To use shapes to create balances.
3	To link travelling actions and balances using apparatus.
4	To demonstrate different shapes, take off and landing when performing jumps.
5	To develop rolling and sequence building.
6	To create a sequence using apparatus.



What are we learning in Year 2:

# P.E

Term: Spring

Focus: Invasion Games

1	To understand what being in possession means and support a teammate to do this.
2	To understand that scoring goals is an attacking skill and to explore ways to do this.
3	To understand that stopping goals is a defending skill and explore ways to do this.
4	To explore how to gain possession.
5	To mark an opponent and understand that this is a defending skill.
6	To learn to apply simple tactics for attacking and defending.



What are we learning in Year 2:

# P.E

Term: Summer

Focus: Fitness

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|---|--|
| 1 | To understand how to run for longer periods of time.             |
| 2 | To develop co-ordination and timing when jumping in a long rope. |
| 3 | To develop individual skipping.                                  |
| 4 | To develop stamina and agility.                                  |
| 5 | To explore exercises that use your own body weight.              |
| 6 | To develop 'ABC,' agility, balance and co-ordination.            |



What are we learning in Year 2:

# P.E

Term: Summer

Focus: Athletics

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|---|---|
| 1 | To develop the sprinting action.                                      |
| 2 | To develop jumping for distance.                                      |
| 3 | To develop technique when jumping for height.                         |
| 4 | To develop throwing for distance.                                     |
| 5 | To develop throwing for accuracy.                                     |
| 6 | To select and apply knowledge and technique in an athletics carousel. |