

## Top story this week



Can you believe we're already halfway through the first half term of the new school year? Time really does fly when you're surrounded by curious minds, big smiles, and endless energy!

Our team are finding that every single day at school brings a flurry of wonderful "firsts" for our children. Whether it's tying shoelaces independently, reading aloud with confidence, making a new friend, these moments matter. They're the quiet triumphs and proud smiles that remind us why we have the very best job.

A huge thank you to all the families who joined us for our Early Reading and Phonics Workshop this week, it was such a pleasure to welcome you into school and share a glimpse of learning in action. We hope you found the session helpful and picked up some useful tips and ideas to support your child's reading journey at home.

We're always looking forward to more opportunities to work together. Next week marks the first of our SEND Family Workshops. If you haven't signed up yet, please don't worry, a reminder was sent out earlier today.

During our assembly today our Head Boy and Head Girl announced the winners of our Talk for Writing Performance Competition. And the proud recipients of the Golden Microphone are... **Space Adventures Class** who delivered a performance packed with creativity, confidence, and storytelling magic.

Next Friday, we're inviting all our children and staff to wear a splash of yellow as we come together to raise awareness for World Mental Health Day. It's a lovely way to spark conversations about wellbeing, every little bit of sunshine counts.

Wishing you a lovely weekend.

Kaye

## Key Events for next week– Reception and KS1

	Monday	Tuesday	Wednesday	Thursday	Friday
Reception	Next PE lesson!	Let's make our own innovated stories.	Learning about more special people with Bertie Owl.	Science- learning about animals and their habitats.	Drop Everything and Read!
Year 1	Talk for Writing! What interesting sounds are you writing about?	Computing Time! Let's learn all about online safety when using Purple Mash!	PE Day! Let's Dance!	Funky French Thursday!	Drop Everything and Read!
Year 2	Investigating everyday materials in our Science lessons.	Learning fundamental skills in our PE lesson.	Partitioning tens and ones.	Where will we explore in our Beacon visit today?	Drop everything and read.

## Key Events for next week– KS2 and ARB

	Monday	Tuesday	Wednesday	Thursday	Friday
Year 3	Geography - Europe	Talk for Writing Independent application	Math Solving problems	PE Day Wear your PE kit to school!	Drop Everything and Read Can you quiz yet?
Year 4	DT-Electrical Systems!	Talk for Writing The ending to our wishing tale!	Maths Rounding to the nearest 1000	PE Day and Fun French Thursday	Drop Everything and Read Wear something Yellow!
Year 5	Writing our Innovation <i>What is Torak's next adventure?</i>	PE <i>Football with Plymouth Argyle.</i>	RE <i>Rules to make the world a happier place</i>	Marvellous Maths <i>Rounding raps to the nearest 100,000</i>	Wear something yellow for Mental Health Drop everything and read.
Year 6	Writing the ending for our holes unit!	Find out what happens next in The Haunting of Aveline Jones	PE	Continuing drawing our self-portraits	Drop everything and read
Cosmonauts	PSHE Zones of Regulation	Amazing Art Pirate coins	Sensational Science Waterproof Materials	History Pirate Flags	Cooking Pirate biscuit decorating

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## EYFS 'Highlight of the Week'



### Nursery

This week in nursery we have introduced the story Leaf Man. We have been developing our fine motor skills by threading to create our own Leaf Man.

### Pre-School

During independent learning this week the children found two very fluffy caterpillars. We put them into a caterpillar house and used the internet to find out what sort of caterpillars they were. We learnt that they were Tussock moth caterpillars.



### Reception

Another very busy week in Reception full of lots of wonderful learning. All the adults in Reception are so proud of how hard the children are all working in phonics. They are showing such determination to learn their sounds and hear 'Fred'.

The children are also making sure they are using their pinchy fingers to hold the pencil when forming the sounds they have learnt.

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## KS1 'Highlight of the Week'



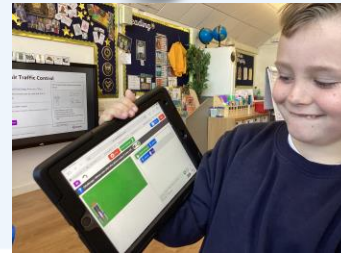
### Year 1

This week in Year 1 we have been writing an innovation of the original story The Sound Collector. We had so much fun choosing our sounds and writing all about our different objects. Alongside writing, we have been learning all about where we live in Geography! We learnt how to use a map and later created our own map of the school and designed a key to go with it. At the end of the week, we used our maps to go on a treasure hunt around the school grounds. Well done Year 1!



### Year 2

Year 2 have learnt how to create an algorithm to make a plane take off. We have created a code to turn a frog into a prince and the princess into a monkey using various command blocks. We then added a timer to the code and learnt how to use collision detected to enhance our algorithm, as well as de-bugging a code. Our favourite game to code was the snail race.





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## Lower KS2 'Highlight of the Week'



### Year 3

Year 3 have been incredible this week! As writers we have been writing our innovation, focusing on a losing tale. Everyone has been using ambitious vocabulary, which is lovely to read.

We have also been doing computing every afternoon – we have been using code to create our own moving character. It has been great to see everyone use their positive growth mindset to overcome the challenges coding can bring. Keep shining brightly Year 3!



### Year 4

This week has been focusing our learning on all things 'electric' in Year 4! We have been building circuits with bulbs, motors and buzzers. As scientists, we have learnt the difference between conductors and insulators and have conducted our own experiment of making a switch.

We have also been writing our innovations of a wishing tale, using dialogue.

A lovely week Year 4 – keep it up!



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## Upper KS2 'Highlight of the Week'



### Year 5

This week, Comets and Meteors have had the opportunity to unleash their creative sides during art lessons. They have had great fun exploring the work of local artists and developing different techniques when using a variety of paints such as watercolours and acrylics. On Tuesday afternoon, we had our PE lesson with Harry from Plymouth Argyle; this is always a highlight of our week. The children's ability to control and pass the ball with precision has improved enormously!

### Year 6

We have had a lovely week in Year 6, full of fun! Reading lessons have been exciting as we have explored the haunting town of Malmouth with Aveline Jones. We cannot wait to find out what happens next when we read the second chapter next week! The children have also been producing some amazing artwork, and we will continue to work on these next week! We have also enjoyed some brilliant PE – so many wonderful things!





### Cosmonauts

Everyone has been working super hard this week! We have been working on making 10 and learning our multiplication tables in maths. Exploring instruments and pirate rhymes as well as activities linked to our 'The Night Pirates' story in English. Developing our gross motor skills in Funfit and yoga sessions and building our engagement and turn-taking skills in attention autism activities.

### Core word of the week























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Who has **SHONE BRIGHTLY** this week?

**Being brave**

<b>Space Voyagers</b> (YR)		Alvie Ellis	<b>Pioneers</b> (Y3)		Violet Porter
<b>Space Travellers</b> (YR)		Frasier Perkins-Jago	<b>Discoverers</b> (Y3)		Louise Robinson
<b>Space Adventurers</b> (Y1)		Autumn-Rose Popperwell	<b>Supernovas</b> (Y4)		Jaden Dyer
<b>Space Explorers</b> (Y1)		Fletcher Angel	<b>Constellations</b> (Y4)		Arlo Bradshaw
<b>Spaceships</b> (Y2)		Harvey Hawke	<b>Comets</b> (Y5)		Melissa Humphris
<b>Rockets</b> (Y2)		Isla-Mae Usher-Tucker	<b>Meteors</b> (Y5)		Kira Patockova-Robins
<b>Cosmonauts</b> (ARB)		Shamim Khan	<b>Aviators</b> (Y6)		Nicholas Vidakis Brace
<b>Shine</b>			<b>Astronomers</b> (Y6)		Sienna-Hope House
			<b>Astronauts</b> (Y6)		Amy Mellow

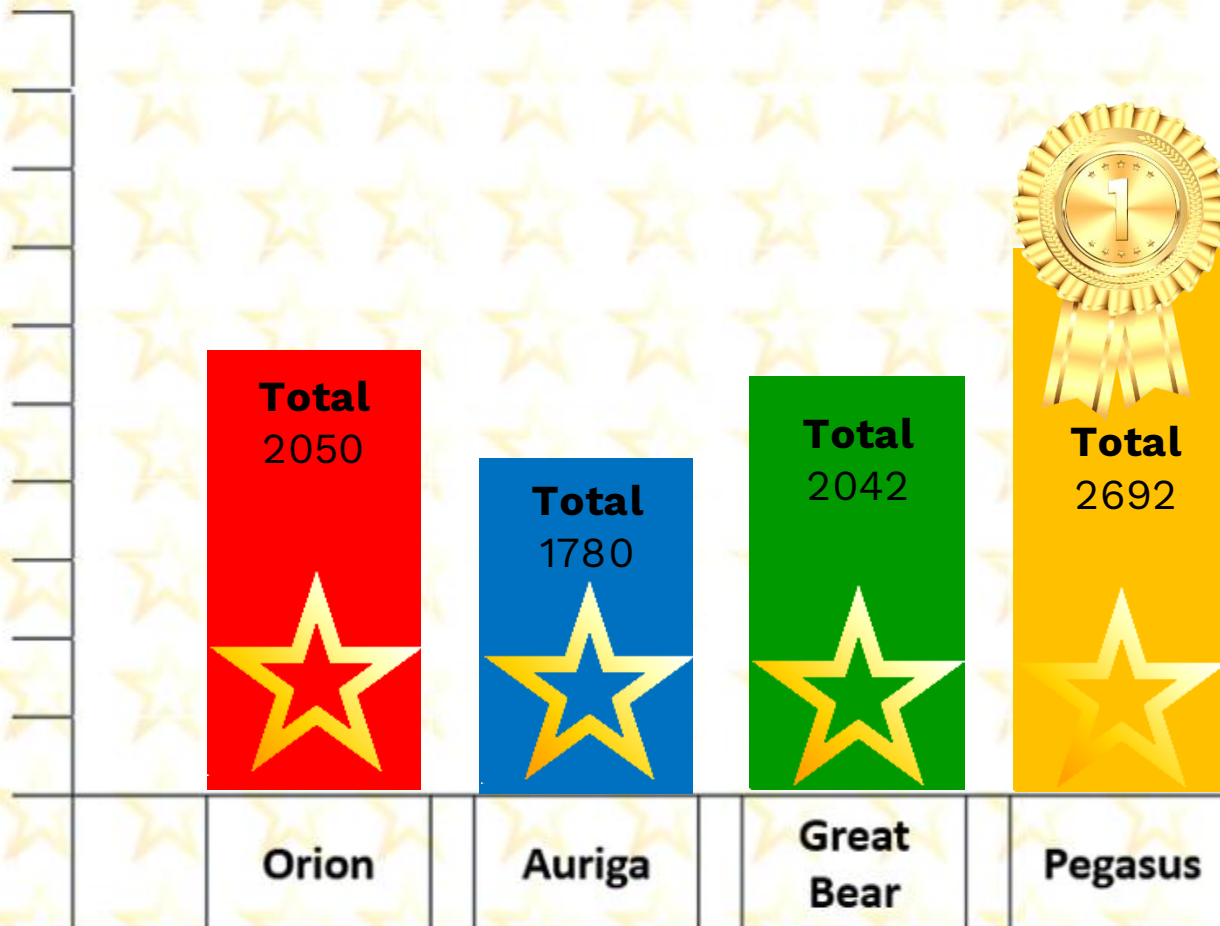
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House Points! <sup>☆</sup>



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House Points! <sup>☆</sup>





## Attendance Information



Together   
for Families

### Penalty Notices

A guide to Education Welfare Services  
for parents and carers



[www.cornwall.gov.uk/togetherforfamilies](http://www.cornwall.gov.uk/togetherforfamilies)

### What is a Penalty Notice?

A Penalty Notice is a fine that can be issued under section 444A and section 444B of the Education Act 1996. The fine is issued per parent, per child for:

- Leave of absence of 12 school sessions /6 school days or more (within any 100 school session period) during term time, without authorisation from the school, for a holiday for example
- Unauthorised absence of 12 school sessions /6 school days or more (within any 100 school session period) of absence from school, either when a parent fails to provide an explanation, or an explanation is provided but the school consider it insufficient to authorise
- Unauthorised lateness of 12 school sessions /6 school days or more (within any 100 school session period), resulting from arrival at school after the register has closed

**NB A Penalty Notice can be issued for any combination of the above reasons, where the unauthorised absence from school results in 12 sessions /6 school days or more (within any 100 session period)**

Or, when:

- A pupil is observed in a public place during school hours, in the first five school days of a period of exclusion from school, without reasonable justification

### Who can be issued with a Penalty Notice?

Parents and carers of a child can be issued with a Penalty Notice. The definition of a 'parent' as set out in section 576 of the Education Act 1996: By virtue of this section 'parent' includes: all natural parents, whether they are married or not; any person or body who has parental responsibility for a child (as defined by the Children Act 1989) and any person who, although not a natural parent, has care of a child. Having care of a child means a person who lives with and looks after a child, irrespective of what their relationship is with said child.

### How much is a Penalty Notice fine?

A Penalty Notice carries a fine of £60.00 if paid within 21 days of issue, doubling to £120.00 if paid after 21 but within 28 days.



## Attendance Information

### Penalty Notices are issued per parent, per child.

Therefore, for example, if there are two parents and two children, the fines will total £240.00 if paid within 21 days and £480.00 if paid after 21 days but within 28 days.

### Can a Penalty Notice be paid in instalments?

**No.** Penalty Notices must be paid in full, within the designated dates. However, if a parent has more than one child and is therefore issued with more than one fine, they can pay the fines separately if they wish.

### Who is responsible for issuing Penalty Notices?

It is a Headteacher's decision whether or not to authorise an absence and, if their decision is not to authorise, they have the right to request a Penalty Notice in line with their attendance policy process. Cornwall Council's role is to check that the evidence submitted is compliant with Cornwall Council's Code of Conduct for Education Related Penalty Notices and, if so, to issue as appropriate.

### Can a parent appeal a Penalty Notice?

There is no statutory right of appeal once a Penalty Notice has been issued. If you believe that the Penalty Notice should not have been issued, you should make contact with the school or academy that your child attends at your very earliest convenience after receiving the Penalty Notice. If you wish to discuss the Penalty Notice procedure, you can contact Cornwall Council's Education Welfare Service on **01872 323400**, or email [educationwelfare@cornwall.gov.uk](mailto:educationwelfare@cornwall.gov.uk)

### How is a Penalty Notice paid?

Penalty Notices can be paid by card by calling the office on 01872 323400. Alternatively, payment can be made by cash or cheque at any Cornwall Council Information Service. If the 21st/28th day for payment falls on a weekend or bank holiday, payment will be accepted at the same rate on the following working day.

### What happens if a Penalty Notice is not paid?

If a Penalty Notice is not paid within the 28 days of issue (as per the dates listed on the Penalty Notice), Cornwall Council will progress the matter to the Magistrates' Court, for the offence of failing to ensure regular attendance, NOT for failure to pay the fine.

If found guilty:

- under section 444(1), it can result in the parent being fined up to £1000
- under section 444(1A), it can result in the parent being fined up to £2,500 and/or receiving a custodial sentence of up to 3 months

**Cornwall Council may also apply for costs incurred in taking the matter to court.**

### Contact us

Education Welfare Service

[educationwelfare@cornwall.gov.uk](mailto:educationwelfare@cornwall.gov.uk)

**01872 323 400**

[www.supportincornwall.org.uk/families](http://www.supportincornwall.org.uk/families)

[www.facebook.com/TFFCornwall](https://www.facebook.com/TFFCornwall)



@tffcornwall

**If you would like this information in another format or language please contact:**

Cornwall Council, County Hall,  
Treyew Road, Truro, TR1 3AY

e: [customerservices@cornwall.gov.uk](mailto:customerservices@cornwall.gov.uk)

t: 0300 1234 100



**Cornwall recycles**  
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## SAFEGUARDING



The Mental Health Support Team warmly invite you to attend...

### Wild Wellbeing

During October half term MHST, in collaboration with Natural England, Cornwall Wildlife Trust and National Trust, would like you to join us on a FREE Halloween Wild Wellbeing session at various locations across Cornwall.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.  
Please book EACH child on to a session

Sessions available at:

- Golitha Falls - Tuesday 28 October
- Lanhydrock - Wednesday 29 October
- Dipping Pond, Goss Moor - Thursday 30 October
- Tehidy Woods - Friday 31 October

\*Free parking at all sites

Activities will last approx. 2 hours  
Please feel free to drop in from 10am, activities end at 1pm

To request a place, complete the online form or scan the QR code provided:  
<https://forms.office.com/e/fwtSJ59Cuv>



Follow us on Facebook for updates and upcoming events:  
Cornwall Mental Health Support Team (MHST)



# IMPORTANT

For safeguarding purposes children should not be wearing smart watches in school.





## Dates for the diary!

Friday 10th October	<ul style="list-style-type: none"> <li>Wear yellow for World Mental Health Day</li> </ul>
Tuesday 14th October	<ul style="list-style-type: none"> <li>Reception &amp; Nursery Open Afternoon – 2026 intake 2pm</li> </ul>
Thursday 16th October	<ul style="list-style-type: none"> <li>Hearing Screening – Year 1</li> </ul>
Friday 24 <sup>th</sup> October	<ul style="list-style-type: none"> <li>County Dodgeball competition</li> </ul>
Monday 3rd November	<ul style="list-style-type: none"> <li>INSET Day – school closed to pupils</li> </ul>
Tuesday 4th November – Friday 7 <sup>th</sup> November	<ul style="list-style-type: none"> <li>Community Week</li> </ul>
Wednesday 5th November	<ul style="list-style-type: none"> <li>Individual and family photos – Class Photography</li> <li>Beacon Bonfire Celebrations</li> </ul>
Friday 9th November	<ul style="list-style-type: none"> <li>Barnardo's Healthy Relationships Workshop – Y6 pm</li> </ul>
Monday 10 <sup>th</sup> November	<ul style="list-style-type: none"> <li>NO CLUB THIS WEEK</li> <li>Anti-Bullying Week – Odd Socks Day</li> <li>Parent and Teacher Meetings – 3:30pm-6pm</li> </ul>
Tuesday 11th November	<ul style="list-style-type: none"> <li>Parent and Teacher Meetings – 3:30pm-6pm</li> </ul>
Wednesday 12th November	<ul style="list-style-type: none"> <li>SEND Parent Workshop 2 - 2pm-2:30pm</li> </ul>
Thursday 13th November	<ul style="list-style-type: none"> <li>Barnardo's Healthy Relationships Workshop – Y6 pm</li> <li>Flu immunisation – Reception – Y6 inclusive</li> </ul>
Friday 14 <sup>th</sup> November	<ul style="list-style-type: none"> <li>Children in Need</li> </ul>



## Dates for the diary!

Monday 17 <sup>th</sup> November	<ul style="list-style-type: none"><li>• KS2 Science Roadshow Performance – AI</li></ul>
Tuesday 18 <sup>th</sup> November	<ul style="list-style-type: none"><li>• Reception &amp; Nursery Open Afternoon – 2026 intake 2pm</li></ul>
Thursday 20 <sup>th</sup> November	<ul style="list-style-type: none"><li>• Parent Workshop – Reading</li></ul>
Friday 21 <sup>st</sup> November	<ul style="list-style-type: none"><li>• Children make decorations at home for School Christmas Tree</li></ul>
Monday 24 <sup>th</sup> November	<ul style="list-style-type: none"><li>• INSET Day – school closed to pupils</li></ul>
Tuesday 25 <sup>th</sup> November	<ul style="list-style-type: none"><li>• Last Week for Clubs</li></ul>
Wednesday 26 <sup>th</sup> November	<ul style="list-style-type: none"><li>• Maths Number Workshop Supporting Your Children as Mathematicians</li></ul>
Friday 28 <sup>th</sup> November	<ul style="list-style-type: none"><li>• Bodmin Lights up parade 6pm</li></ul>
Monday 1 <sup>st</sup> December	<ul style="list-style-type: none"><li>• Beacon Advent Calendar – Day 1</li></ul>
Thursday 4 <sup>th</sup> December	<ul style="list-style-type: none"><li>• Barnardo's Healthy Relationships Workshop – Y6</li></ul>
Friday 5 <sup>th</sup> December	<ul style="list-style-type: none"><li>• Beacon Christmas Countdown Assembly</li><li>• Decoration winners of competition to be announced</li></ul>

## Dates for the diary!

Monday 8 <sup>th</sup> December	<ul style="list-style-type: none"> <li>Barnardo's Healthy Relationships Workshop – Y6</li> </ul>
Tuesday 9 <sup>th</sup> December	<ul style="list-style-type: none"> <li>St Petroc's Bodmin Schools Concert – 6pm</li> </ul>
Thursday 11 <sup>th</sup> December	<ul style="list-style-type: none"> <li>Nursery Christmas Performance – am</li> <li>Family Worker Drop Ins</li> </ul>
Monday 15 <sup>th</sup> December	<ul style="list-style-type: none"> <li>Preschool and Reception Christmas Performance – 2pm</li> </ul>
Tuesday 16 <sup>th</sup> December	<ul style="list-style-type: none"> <li>Preschool and Reception Christmas Performance – 9:30am</li> <li>Y1 and 2 Christmas Performance – 2pm</li> <li>KS2 Christmas Concert @ St Petroc's Church – 5pm</li> </ul>
Wednesday 17 <sup>th</sup> December	<ul style="list-style-type: none"> <li>ARB, Y1 and Y2 Christmas Performance – 9:30am</li> </ul>
Thursday 18 <sup>th</sup> December	<ul style="list-style-type: none"> <li>Christmas Visitors</li> <li>Whole School Jumper Day and Class Parties</li> </ul> <div>   </div>
Monday 22 <sup>nd</sup> December – Friday 2 <sup>nd</sup> December	<ul style="list-style-type: none"> <li>Christmas Holidays</li> </ul>
Monday 5 <sup>th</sup> January 2026	<ul style="list-style-type: none"> <li>Children Return to School</li> </ul>



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## Young Carers



**AM I A YOUNG CARER?**

If any of these sound like you, you may be a Young Carer...

- Practical tasks -**  
cooking, housework, shopping and gardening.
- Physical care -**  
helping the cared for in/out of bed, around the house, outside the home.
- Emotional support -**  
listening, talking and showing empathy.
- Personal care -**  
undressing/dressing, bathing, using the toilet.
- Managing the family budget -**  
paying bills, seeking benefits, working to contribute financially.
- Supporting with Communication -**  
Making calls, relaying needs to professionals, helping a sibling communicate.
- Dealing with Medication -**  
collecting prescriptions, giving medication, attending appointments.
- Supporting family members during crisis -**  
calling emergency services, providing emotional support during hospital visits, dealing with the trauma after the event.
- Looking after siblings -**  
feeding, bathing, dressing, homework, emotional support.
- Completing daily nursing tasks -**  
clearing peg/breathing tubes, personal care, feeding and bathing.

To find out more, scan the QR code



If you believe that your child is a young carer then please speak to our admin team and they will advise you as to how we can help you in school.

Or you can contact Cornwall Young Carers directly on their freephone number 01736 756655, or by emailing [kernowyoungcarers@barnardos.org.uk](mailto:kernowyoungcarers@barnardos.org.uk).

Cornwall Young Carers complete great work with the young carers in our county by aiming to support them to self-manage caring responsibilities, providing information, advice and guidance over the phone and working with schools.

They also provide direct 1-1 work with Young Carers and Young Adult Carers as well as offering activities on a regular basis and during the school holidays.

Extra notifications



Open from 8:00 – 8:30 daily  
(Booking required)

Our free breakfast club operates during term time and is available to all pupils. Starting at 8:00 AM until the start of school we offer the children a selection of healthy breakfast options such as toast, cereals, fruit, water, and milk. The children will then have the opportunity to enjoy reading games puzzles and other to activities.

Sponsored  
by



FREE for all children

**Beacon**  
Shine brightly





## CALLING ALL YOUNG CARERS!

DO YOU WANT TO HAVE  
YOUR VOICE HEARD?



WE WANT TO HEAR

FROM YOU!



NHS ENGLAND, THE DEPARTMENT OF HEALTH AND  
SOCIAL CARE, AND THE DEPARTMENT OF  
EDUCATION ARE WORKING TOGETHER TO IMPROVE  
THE LIVES OF YOUNG CARERS.

## LED BY YOUNG CARERS!

WE ARE HOSTING A SERIES OF WORKSHOPS TO  
HEAR YOUNG CARER VOICES ON THESE DATES:

10<sup>TH</sup> SEPTEMBER 4-5PM & 5.30-6.30PM

16<sup>TH</sup> SEPTEMBER 4-5PM & 5.30-6.30PM

17<sup>TH</sup> SEPTEMBER - 4-5PM



THE INFORMATION WE HEAR WILL HELP  
MAKE REAL CHANGES TO THE LIVES OF  
YOUNG CARERS ACROSS ENGLAND.

WE CAN ONLY MAKE CHANGES BY HEARING FROM YOU ABOUT YOUR  
EXPERIENCES OF BEING A YOUNG CARER, AND RIGHT NOW WE DON'T KNOW  
WHO ALL OF THE YOUNG CARERS IN ENGLAND ARE, AND SO NOT EVERYONE IS  
BEING SUPPORTED.

Do I look  
like I care?  
#NHSThinkCarer

GET INVOLVED,  
AND BOOK YOUR SPACE IN A WORKSHOP  
BY CONTACTING THE EMAIL  
ADDRESS BELOW:

[ENGLAND.NHSTHINKCARER@NHS.NET](mailto:ENGLAND.NHSTHINKCARER@NHS.NET) 

## Extra notifications

### End of day pickups

We all experience problems from time to time collecting at the end of school day, the long queue, stuck in a traffic jam etc, so if you find the playground empty when collecting your child at the end of the day, please collect them from wraparound – situated in Spaceship class via the Y2 playground.



### **IMPORTANT**

Please can we remind all parents do not park, during drop off and collection, on the yellow Zigzags outside the school. This is for the safety of your children. Please help us keep our children safe.



### A Polite Request.

If you need to get a message to your child during the school day, please call the main office before **2:30pm** to ensure the message is passed on.



### **IMPORTANT REQUEST**

Can we please ask parents when collecting children from school that you do not park in the bays above the bungalows. We had one resident today that could not park her car near her bungalow and due to being disabled this caused problems for her. Thank you for being respectful to our neighbours.





At The National College, our **WakeUpWednesday** guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](http://nationalcollege.com).

## What Parents & Educators Need to Know about EA SPORTS FC 26

Our guide looks at the risks surrounding EA Sports FC 26 and our top tips to minimise them. This marks the third year since EA left the FIFA licence, and the game is mostly unchanged from last year. While Kick-Off mode is great for playing with friends and Career Mode allows players to fulfil long-term ambitions as a manager or player, Ultimate Team remains the main draw for many players – and it can get out of hand in terms of how much money players can invest.

**PEGI 3**

### WHAT ARE THE RISKS?

#### AN ANNUAL RELEASE SCHEDULE

As was the case with the last two EA Sports FC games and the FIFA series before it, the franchise rolls out once a year with updated squads and new features. This can make it expensive to keep up with, particularly where so many dedicated players are keen to get their hands on the latest edition.

#### VOICE CHAT

Voice chat can be enabled across all platforms, meaning young people can speak to anyone they play with or against. While it can be switched off, some children will no doubt want to speak to their friends while they play. This also means they may encounter strangers much older than them, which can expose them to inappropriate language or behaviour.

#### IN-GAME PURCHASES THROUGH ULTIMATE TEAM

Ultimate Team is the big draw for EA Sports FC, letting players spend real money on packs that they can open to build a squad of the world's best players. They're not always easy to obtain, and new, improved versions of players will be regularly rolled out as limited-time offerings. Young people could feel pressured into spending money and experience fear of missing out.

#### SCAMMERS IN ULTIMATE TEAM

Ultimate Team is managed by EA levels, but that hasn't stopped scammers from looking to dupe players out of money and in-game coins. Some scammers sell their accounts, which is a violation of EA's terms of service, while others will 'sell' coins – something the developer is still working to crack down on. Some try to gain access to others' accounts, potentially giving them access to payment information.

#### POTENTIAL FOR ADDICTION

While EA Sports FC is potentially addictive, thanks to its fast-paced gameplay and mirroring of the real-world skill and glamour of football, Ultimate Team's focus on limited-time rewards and the lottery of winning packs can make it feel closer to gambling than gaming, which may lead to addiction and impulsive spending of money.

### Advice for Parents & Educators

#### PREPARE FOR ANOTHER GAME IN A YEAR

The annual-release cadence aligns with the return of the school year, and can be a great way to incentivise good behaviour at the start of term. If children are applying themselves and preparing for a new year of school, or were particularly well behaved in the summer, EA Sports FC 26 could make a great reward.

#### MONITOR VOICE CHAT

As in-game chat is open, be sure to adjust the settings in EA Sports FC 26 to lock it down, if children want to chat with their friends while they play, consider setting up a safe space for them to call, to allow them to play without fear of outsiders.

#### BE VIGILANT

As with last year, there are ways to keep scammers at bay. Secure passwords are locked down, and consider using a password manager application to keep them secure. EA will never contact players through the game itself, so be vigilant with incoming messages, and block and report suspected spams. EA will contact players by email if needed, but they will never ask for usernames or passwords. Players should also avoid buying in-game currency from unofficial websites – doing so can lead to accounts being banned and could cost players money in the process.

#### LIMIT SPENDING

If you're worried about children accidentally spending real money in Ultimate Team, whether in game or on the EA Sports FC companion app, don't link a payment card to their account. Reclaiming funds can be a mountain to climb, and the expense of opening boosty packs with sick animations means one purchase can lead to another very quickly. It's also worth adding a parental card if you'd prefer them to make their own choices with their budget.

#### Meet Our Expert

Lloyd Coombes is an experienced freelance writer and has been working in the gaming and tech industry for seven years. A regular visitor to the App Store to try out new apps, he's also a parent and therefore understands the importance of online safety. He's also a chef and fitness writer and has been published at sites including iSH, TechRadar, and plenty more.

Source: [nationalcollege.com/guides/ea-sports-fc-26](https://nationalcollege.com/guides/ea-sports-fc-26)

**WakeUpWednesday** The National College

[@wake\\_up\\_weds](https://www.wakeupweds.com) [www.thenationalcollege.com](https://www.thenationalcollege.com) [@wake.up.wednesday](https://www.wakeupweds.com) [@wake.up.weds](https://www.wakeupweds.com)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 01.10.2025

## Extra notifications



### IMPORTANT

Polite reminder – There are no staff on duty in the mornings until 8:30am. Children arriving before that time are very welcome to attend our free Breakfast Club but should not be on the grounds otherwise for their own safety.



Extra notifications 



## Nursery



Can we please remind all our Nursery families to be ready at our entrance for your child's start time. When staff have to come out and let people in, it leaves the Nursery understaffed.

Thank you for your understanding.

Start times are **8.30am** or **9.00am** and **12pm** for afternoon sessions.



# BeBrave★ Believe★ BeBrilliant★

Who shone even brighter! ★



Alice Gunn



Brodie Duncan



Eleftheria Vidakis Brace

Our wonderful winners and the book of their choice...





**ChatHealth**  
**Parent Line 0-5**



**07312 263 423**



**ChatHealth**  
**Parent Line 5-19**



**07312 263 499**

**ChatHealth Young**  
**People 11-19**



**07312 263 096**



**ChatHealth**  
Cornwall and the Isles of Scilly

[www.cornwall.gov.uk/chathealth](http://www.cornwall.gov.uk/chathealth)

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wellbeing advice  
and support

[cornwall.gov.uk](http://cornwall.gov.uk)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Macaroni cheese (V) with carrots and peas Tomato and Basil pasta(v)</p> <p>Fruity yoghurt dessert</p> <p>Allergens: 2,4,7</p>	<p>Beef Stew Veggie Stew (v)</p> <p>Blueberry muffin Allergen: 2,4,7</p>	<p>Roast gammon with seasonal vegetables and roast potatoes Vegetable Roast (v)</p> <p>peach crumble and custard</p> <p>Allergens:2,4,7</p>	<p>Chicken curry and rice with carrots and peas Vegetable curry (v)</p> <p>Vanilla ice cream</p> <p>Allergens : 2,4,7</p>	<p>Fish fingers with chips and sweetcorn Vegetable fingers (v)</p> <p>Various puddings</p> <p>Allergens: 2,5,7</p>
<p>Chicken in cheese sauce pasta bake, peas and carrots Tomato and Basil Pasta(v)</p> <p>Fruity yoghurt desserts</p> <p>Allergens: 2,4,7</p>	<p>Beef cottage pie Carrots and peas Quorn pie (v)</p> <p>Chocolate chip cookie</p> <p>Allergens: 2,4,7</p>	<p>Roast Turkey with seasonal vegetables and roast potatoes Vegetable Roast (v)</p> <p>Banana and custard</p> <p>Allergens: 2,4,7</p>	<p>Meatballs tomato/herb sauce with steamed rice, green beans and cauliflower meat free balls (v)</p> <p>Chocolate sponge</p> <p>Allergen: 2,4,7</p>	<p>Cheese and tomato pizza with chips and peas (v)</p> <p>Various puddings</p> <p>Allergens: 2,5,7</p>
<p>Tuna in a tomato herb pasta bake peas and carrots Tomato and Basil Pasta(v)</p> <p>Fruity yoghurt dessert</p> <p>Allergens: 2,4,5,7</p>	<p>Chicken Pie with herbed potato's, Carrots and peas Vegetable pie (v)</p> <p>Lemon sponge</p> <p>Allergens: 2,4,7</p>	<p>Roast beef with seasonal vegetables and roast potatoes Vegetable roast (v)</p> <p>Apple crumble and custard</p> <p>Allergens: 2,4,7</p>	<p>Sticky BBQ sauce with chicken, steamed Rice and stir fry vegetables Sticky BBQ sauce with Quorn (v)</p> <p>Meringues with fruit</p> <p>Allergens:2,4,7,12,13</p>	<p>Pork sausage with Chips and peas Veggie sausage (v)</p> <p>Various puddings</p> <p>Allergens: 2,5,7</p>

## ALLERGENS

1 = CELERY, 2 = CEREAL CONTAINING GLUTEN, 3 = CRUSTACEANS, 4 = EGGS, 5 = FISH, 6 = LUPIN SEEDS AND FLOUR  
7 = DAIRY, 8 = MOLLUSCS, 9 = MUSTARD, 10 = NUTS, 11 = PEANUTS, 12 = SESAME SEEDS, 13 = SOYA, 14 = SULPHUR DIOXIDE

September 2025							October 2025							November 2025							December 2025						
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7			1	2	3	4	5						1	2	1	2	3	4	5	6	7
8	9	10	11	12	13	14	6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
29	30						27	28	29	30	31			24	25	26	27	28	29	30	29	29	30				

Jacket potatoes with various fillings, salad bar, fruit and yoghurt available every day

Extra notifications 


## School Menus

## School Menus

SCHOOL MENU – WEEK COMMENCING

Monday 6th October

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Tuna in a tomato herb pasta bake peas and carrots Tomato and Basil Pasta(v) Fruity yoghurt dessert</p> <p>Allergens: 2,4,5,7, </p> 	<p>Chicken Pie with herbed potato's, Carrots and peas Vegetable pie (v) Lemon sponge</p> <p>Allergens: 2,4,7 </p> 	<p>Roast beef with seasonal vegetables and roast potatoes Vegetable roast (v) Apple crumble and custard</p> <p>Allergens: 2,4,7, </p> 	<p>Sticky BBQ sauce with chicken, steamed Rice and stir fry vegetables Sticky BBQ sauce with Quorn (v) Meringues with fruit</p> <p>Allergens: 2,4,7,12,13 </p> 	<p>Pork sausage with Chips and peas Veggie sausage (v) Various puddings</p> <p>Allergens: 2,5,7 </p> 

 Please ensure you are pre booking your dinners via the MyEd/PlusPay app.