

Top story this week



Our year 6 children and staff had an incredible time in London this week. Although tired, they have returned to school full of excitement and tales of their adventures. It certainly was a memorable trip filled with so many magical memories. Key highlights for our children included walking across the top of Tower Bridge and watching the magnificent Lion King in the West End. I know you will join me in saying a huge thank you to Mrs Donnelly and the team who made this happen.

Thank you to our amazing staff who lost many hours sleep and gave freely of their time to ensure everything ran smoothly.

This week, our KS2 children enjoyed a visit from the Kernow King who gave a special assembly where they learned more about the history of Cornwall through an exciting performance of the Cornish Caretakers.

Our year 5 staff are putting the final checks in place ahead of our Manchester residential. Our children have an equally jam-packed three days ahead of them filled to the brim with wonderful and diverse experiences. As always keep your eyes peeled for daily updates on our social media feed.

Looking forward to next week, the whole school will be celebrating national World Book Day on Friday. Once again, we will be celebrating the magic of reading throughout the school with lots of exciting reading experiences planned. We can't wait!

Hope you have a super weekend.

Kaye

Key Events for next week– KS1 and Shine

	Monday	Tuesday	Wednesday	Thursday	Friday
Reception	PE- ball skills.	Designing Easter eggs in RE with Bertie Owl.	Which partners are the best storytellers?	Outdoor learning.	World Book Day!
Year 1	Bodmin Jail trip!	Writing our own beating a baddie stories	Net and Wall Games	Making posters to advertise Bodmin Jail as a tourist attraction.	World book day!
Year 2	Starting our new geography topic: Why visit Cornwall?	Writing our own transformation tales.	Cornish Pirates Rugby!	More music in our class bands!	World book day: bring a book for the big book swap!
Shine	PE and traditional Cornish tales	Shopping and cooking- pasties	Mothers Day arts and crafts	Rock steady and emotional literacy	World book day: bring a book for the big book swap!

Key Events for next week– KS2 and ARB

	Monday	Tuesday	Wednesday	Thursday	Friday
Year 3	PE - Fundamentals	Science – what do plants need to grow?	‘poisoning’ celery for science	Dissecting flowers	World Book Day
Year 4	Start our new maths unit – Area!	Dance – PE	Writing our suspense tales	Times table fun	World Book Day
Year 5	Manchester	Manchester	Manchester	PE	World Book Day
Year 6	Exploring the stories told by a picture.	Multiplying decimals by integers!	Flashback writing linked to Skellig	Diary writing from different viewpoints.	World Book Day!
Cosmonauts	Amazing Art	Sensational science	PSHE	Cooking	Computing

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EYFS 'Highlight of the Week'



Nursery

This week we have been reading about how Elmer the elephant tricked the other elephants by hiding his true colours, covering himself in elephant colour berry juice. Then all the other elephants decorated themselves in bright colours and patterns. So, we decided to explore patterns and have been decorating our own elephants as brightly as we can to celebrate that we are all different in different ways.

Reception

This week we started our new PE unit, ball skills. We learnt how to roll a ball with control, and we look forward to developing our throwing and catching skills this half term. We have also started learning our new story 'The Gruffalo' using the story map and actions. We have immersed ourselves in the story in our role play area, retelling the story with our friends.



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KS1 'Highlight of the Week'



Year 1

Year 1 have had a very busy week in their Design Technology unit. They have been busy learning how to grate, peel and chop safely. They learnt how to use the bridge cut. Throughout the week they made fruit kebabs, couscous salads, fruit salads and banana and oat cookies. They've been quite the chefs!

They also had a chance to put some of the worms they collected into a wormery. We can't wait to watch them in class.

Year 2

This was our second week working with Neil from the Cornish Pirates and we are all loving it! We have been working on our co-ordination, ball handling and teamwork skills while laughing and having great fun. Despite the damp weather, all the children are enjoying the different challenges and working together as teams while attempting very challenging tricks. What improvement in just the first two weeks of this six week unit. Well, done rugby super stars!





Year 3

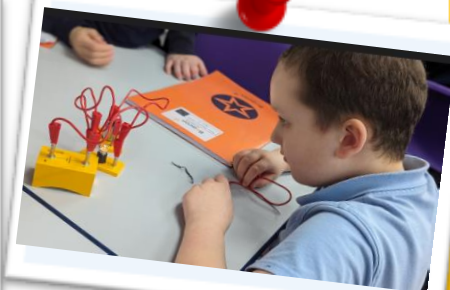
Year 3 have had a very busy week in their geography topic; we have learned about the Earth's structure, how custard (magma/lava) sneaks out of plate boundaries and considered how deadly volcanoes are. In our writing, we have enjoyed our King Arthur text and found the true king of year 3 (well done Harley)! We enjoyed a visit from the Cornish Caretakers and were very privileged to be sat in the front row.



Year 4

What a fun week we have had learning all about electricity in our science lessons! The children have enjoyed creating circuits, discovering what happens when different components are removed, and investigating which different everyday objects work as conductors and insulators. What fantastic and enthusiastic scientists we have in Year 4!

They also loved watching a performance by the 'Cornish Caretakers' on Thursday afternoon!



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Upper KS2 'Highlight of the Week'



Year 5



Happy St David's Day! This week seems to have flown by, during the afternoons we have been learning to draw using 1- and 2- point perspective. By remembering to use the horizon line, vanishing point and lines of perspective, the children have been able to bring their sketches to life.

On Thursday, we enjoyed a workshop with the Kernow King and watched a performance by the Cornish Caretakers.

Only 3 sleep until Manchester! See you at 5:30am!

Year 6

What an amazing week it has been this week in London! Children had a fantastic time exploring locations including Tower Bridge, Westminster Abbey, the London Eye and the former 2012 Olympic Park. They were fantastically behaved and a credit to themselves and Beacon!

Although we were slightly late back on Wednesday evening, it was great to see so many children bright and ready to go on Thursday morning. Well done Year 6, please make sure that you have a restful weekend.



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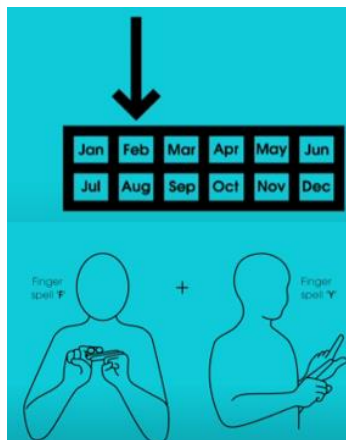


Cosmonauts and Shine 'Highlight of the Week'



ARB

Our year 6s have had a fabulous time in London this week, visiting and exploring lots of exciting places. Everyone else has been working extremely hard as always, on all their learning activities. It is fantastic to see how they all continue to make amazing progress.



Shine

Shine have had a lovely week exploring emotions and talking about how we understand our feelings. We read the colour monster book and gave our feelings a colour. On Wednesday we went shopping for ingredients to make apple turnovers and enjoyed baking them. We then watched the Kernow Caretakers performance and learnt all about the puffing devil!

















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Who has **SHONE BRIGHTLY** this week? **Showing kindness towards others**

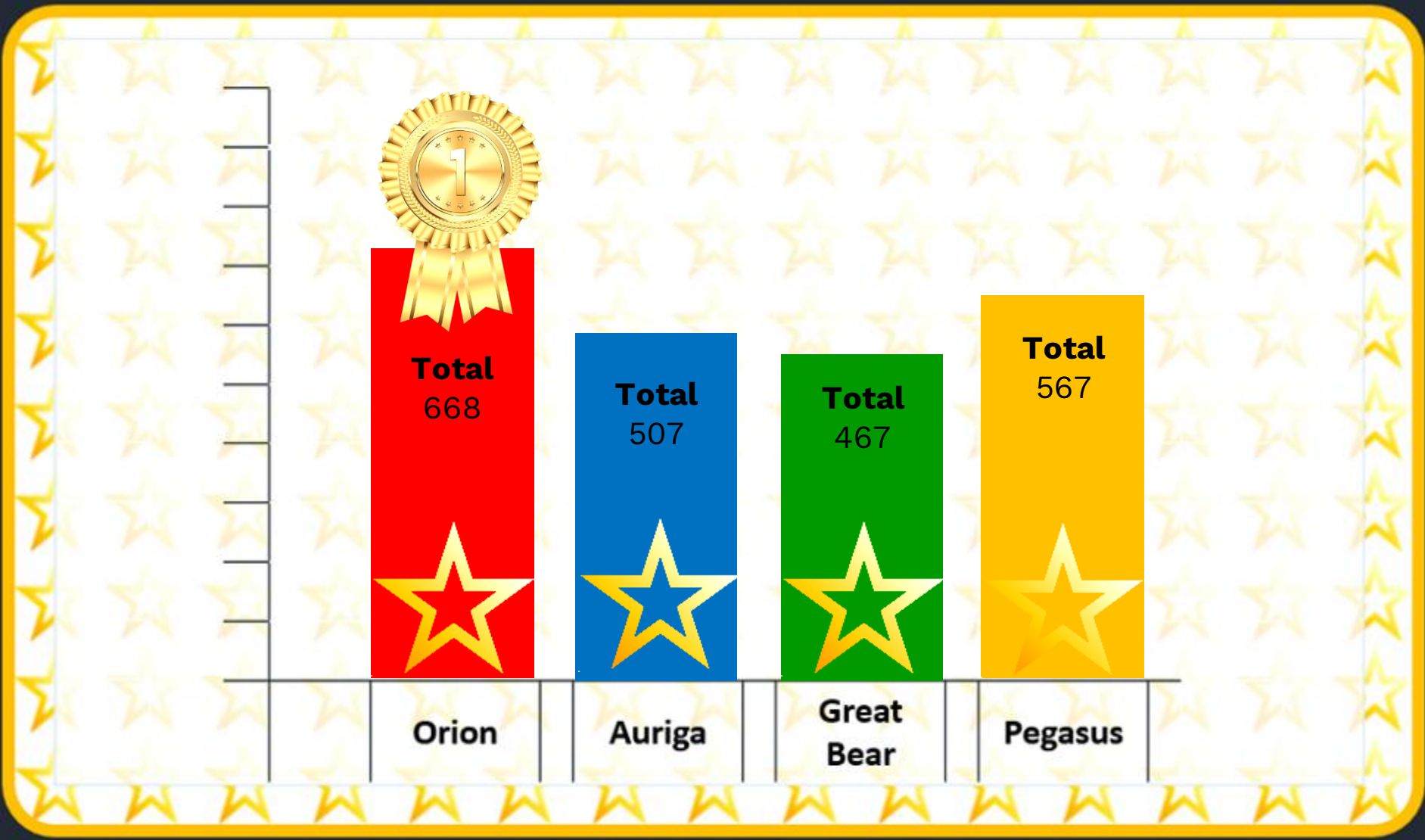
Space Voyagers (YR)		George Bailey-Lewis	Pioneers (Y3)		Harley Coslett
Space Travellers (YR)		Harvey Hawke	Discoverers (Y3)		Jasmyne Morris
Space Adventurers (Y1)		Darcey-Leigh Howard	Supernovas (Y4)		Serenity-Rose Deakin
Space Explorers (Y1)		Darcie Isted	Constellations (Y4)		Kaspian Muraszko
Spaceships (Y2)		Cooper Prickett	Comets (Y5)		Alissia Gilbert
Rockets (Y2)		Charlie Hannaford	Meteors (Y5)		Maddie-Leigh Rosevear
Cosmonauts (ARB)		Leo Couch	Aviators (Y6)		The Whole Class!
Shine		Bonnie Dalley	Astronomers (Y6)		Erin Stevenson
			Astronauts (Y6)		Layla-Mae Barclay

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House Points!

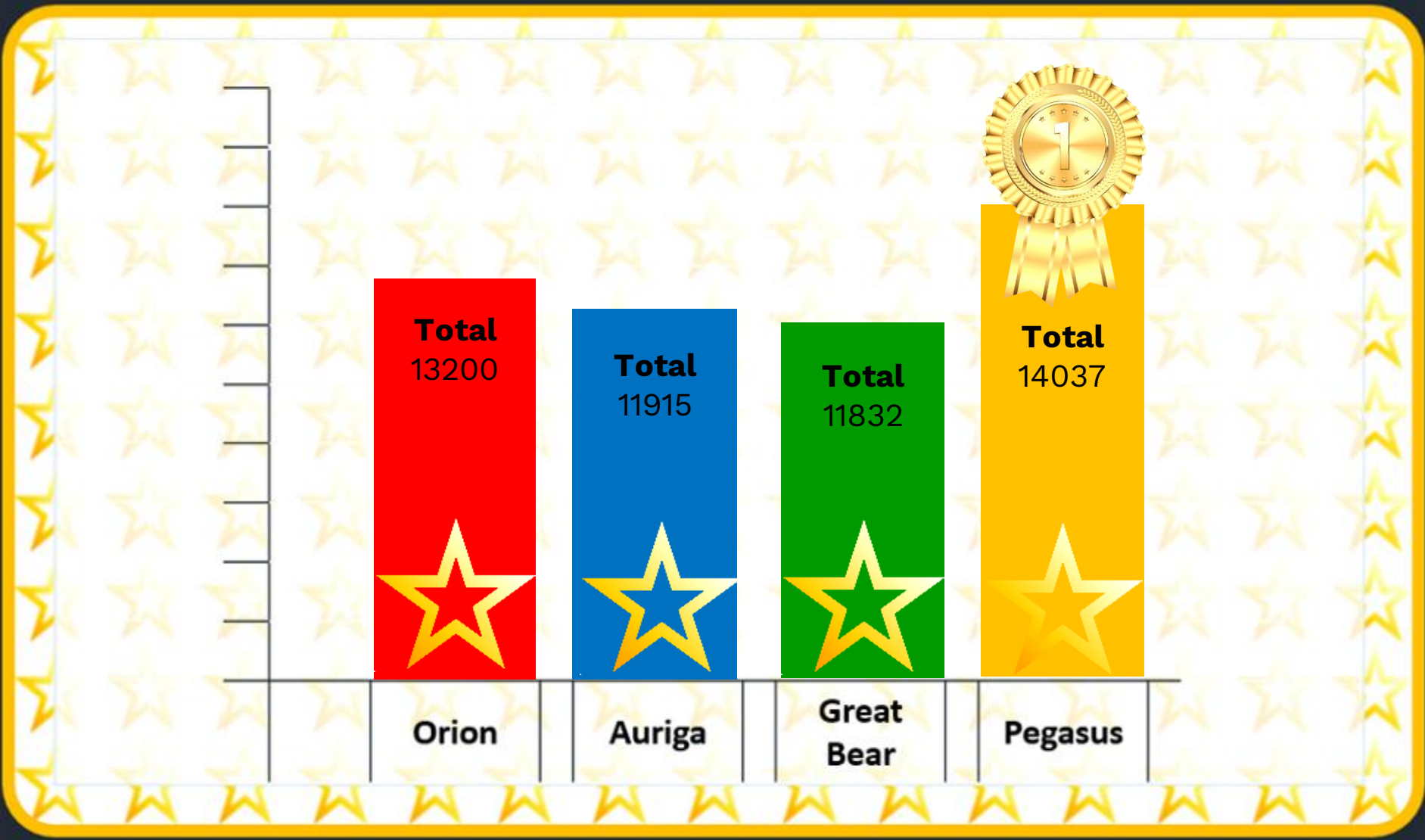


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House Points! 



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Attendance weekly winners



Well done to

Meteors



Pioneers/Adventurers
98.9%

Meteors/Explorers
100%

Spaceships
98.3%

2

1

3

ABSENCE = LOST OPPORTUNITY



Did You Know... ?

If Your Child's Attendance During the School Year...	Your Child Would Have Lost Approximately...	or They Would Have Missed Approximately...
was 95%	9 Days from School	50 Lessons
was 90%	19 Days from School	100 Lessons
was 85%	29 Days from School	150 Lessons
was 80%	38 Days from School	200 Lessons
was 75%	48 Days from School	250 Lessons

Getting Your Child to School Really Matters

In total there are 175 non-school days a year. This gives families the opportunity to:

- Spend time together
 - Go on family visits and days out
 - Go on holiday
 - Go shopping
 - Attend routine appointments.
- Holidays will not be authorised.



Taking a holiday during term time seriously affects your attendance and in turn your attainment. Booking holidays during term time may result in a fixed penalty notice.

As always, if you have any questions or if you need some support with your child's attendance, please contact our Attendance Officer Helen Sowden

Direct Number: 01208 72773

Mobile Number: 07545431566

hshowden@kernowlearning.co.uk

Attendance Information



Together 
for Families

Penalty Notices

A guide to Education Welfare Services
for parents and carers



www.cornwall.gov.uk/togetherforfamilies

What is a Penalty Notice?

A Penalty Notice is a fine that can be issued under section 444A and section 444B of the Education Act 1996. The fine is issued per parent, per child for:

- Leave of absence of 12 school sessions /6 school days or more (within any 100 school session period) during term time, without authorisation from the school, for a holiday for example
- Unauthorised absence of 12 school sessions /6 school days or more (within any 100 school session period) of absence from school, either when a parent fails to provide an explanation, or an explanation is provided but the school consider it insufficient to authorise
- Unauthorised lateness of 12 school sessions /6 school days or more (within any 100 school session period), resulting from arrival at school after the register has closed

NB A Penalty Notice can be issued for any combination of the above reasons, where the unauthorised absence from school results in 12 sessions /6 school days or more (within any 100 session period)

Or, when:

- A pupil is observed in a public place during school hours, in the first five school days of a period of exclusion from school, without reasonable justification

Who can be issued with a Penalty Notice?

Parents and carers of a child can be issued with a Penalty Notice. The definition of a 'parent' as set out in section 576 of the Education Act 1996: By virtue of this section 'parent' includes: all natural parents, whether they are married or not; any person or body who has parental responsibility for a child (as defined by the Children Act 1989) and any person who, although not a natural parent, has care of a child. Having care of a child means a person who lives with and looks after a child, irrespective of what their relationship is with said child.

How much is a Penalty Notice fine?

A Penalty Notice carries a fine of £60.00 if paid within 21 days of issue, doubling to £120.00 if paid after 21 but within 28 days.

Attendance Information

Penalty Notices are issued per parent, per child.

Therefore, for example, if there are two parents and two children, the fines will total £240.00 if paid within 21 days and £480.00 if paid after 21 days but within 28 days.

Can a Penalty Notice be paid in instalments?

No. Penalty Notices must be paid in full, within the designated dates. However, if a parent has more than one child and is therefore issued with more than one fine, they can pay the fines separately if they wish.

Who is responsible for issuing Penalty Notices?

It is a Headteacher's decision whether or not to authorise an absence and, if their decision is not to authorise, they have the right to request a Penalty Notice in line with their attendance policy process. Cornwall Council's role is to check that the evidence submitted is compliant with Cornwall Council's Code of Conduct for Education Related Penalty Notices and, if so, to issue as appropriate.

Can a parent appeal a Penalty Notice?

There is no statutory right of appeal once a Penalty Notice has been issued. If you believe that the Penalty Notice should not have been issued, you should make contact with the school or academy that your child attends at your very earliest convenience after receiving the Penalty Notice. If you wish to discuss the Penalty Notice procedure, you can contact Cornwall Council's Education Welfare Service on **01872 323400**, or email educationwelfare@cornwall.gov.uk

How is a Penalty Notice paid?

Penalty Notices can be paid by card by calling the office on 01872 323400. Alternatively, payment can be made by cash or cheque at any Cornwall Council Information Service. If the 21st/28th day for payment falls on a weekend or bank holiday, payment will be accepted at the same rate on the following working day.

What happens if a Penalty Notice is not paid?

If a Penalty Notice is not paid within the 28 days of issue (as per the dates listed on the Penalty Notice), Cornwall Council will progress the matter to the Magistrates' Court, for the offence of failing to ensure regular attendance, NOT for failure to pay the fine.

If found guilty:

- under section 444(1), it can result in the parent being fined up to £1000
- under section 444(1A), it can result in the parent being fined up to £2,500 and/or receiving a custodial sentence of up to 3 months

Cornwall Council may also apply for costs incurred in taking the matter to court.

Contact us

Education Welfare Service

educationwelfare@cornwall.gov.uk

01872 323 400

www.supportincornwall.org.uk/families

www.facebook.com/TFFCornwall

   @tffcornwall

If you would like this information in another format or language please contact:

Cornwall Council, County Hall,
Treyew Road, Truro, TR1 3AY

e: customerservices@cornwall.gov.uk

t: 0300 1234 100

 **Cornwall recycles**
Kernow a wra eyglyghya

Extra notifications

BRISTOL 2024
18th - 19th April

YEAR 3



48 days to go!

OXFORD 2024
30th - 1st May

YEAR 4



60 days to go!

MANCHESTER 2024
4th - 6th March

YEAR 5



3 days to go!

LONDON 2024
26th - 28th February

YEAR 6



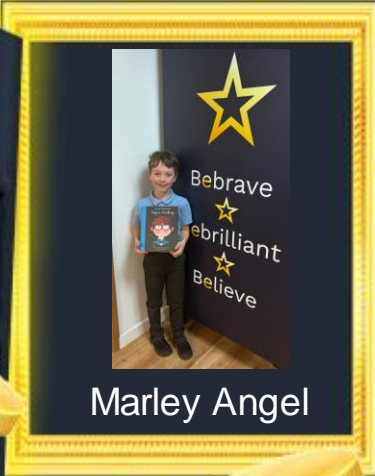
We had a great time!

BeBrave

Believe

BeBrilliant

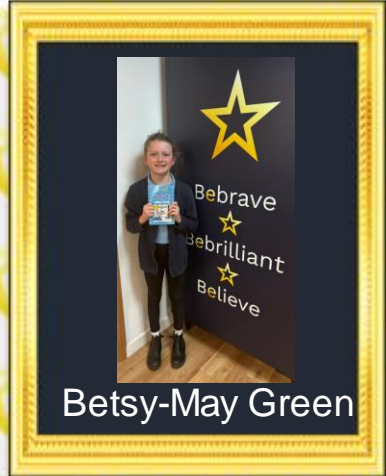
Who shone even brighter!



Marley Angel



Dylan Cosham



Betsy-May Green



Our wonderful winners and their choice of the book of their choice...

BeBrave 

Believe 

BeBrilliant 

Who shone even brighter! 



Fabian Hilber



Cosmonauts



Emily Lin



Our wonderful winners and their choice...





BEACON TEN TORS CHALLENGE

SUNDAY 19TH MAY 2024

Beacon's PTA are looking for parents/grandparents etc to join us for the upcoming Bodmin Ten Tors walk arranged by Bodmin Lions, which is due to take place on Sunday 19th May. The walk is approximately 13 miles across Bodmin Moor.

We would like to enter as many teams as possible enabling us to raise much needed funds for the school.

All walkers must be 12 years and over.

If you are willing and able to support this great event please complete the form below.

<https://forms.office.com/e/Q3hHZ80wBB>



Extra notifications 



BEACON Breakfast Club



Open from 8:00 – 8:30 daily
(Booking required)

Our free breakfast club operates during term time and is available to all pupils. Starting at 8:00 AM until the start of school we offer the children a selection of healthy breakfast options such as toast, cereals, fruit, water, and milk. The children will then have the opportunity to enjoy reading games puzzles and other to activities.

Sponsored
by



FREE for all children 

Beacon
Shine brightly 



BEACON WRAPAROUND AFTER SCHOOL CLUB


From Monday 8th January 2024 we will be offering afterschool Wraparound Care from 3:15 to 5:30, as part of our extended provision. During this time children who attend will take part in a range of activities and enjoy a healthy snack and drink.

Children will be collected from their class. As with all of our before and after school provision, booking is essential and must be done via our online booking system by submitting the form via:

<https://forms.office.com/e/4WJwYcMQAs>



The costs are -
Up to 1 hour - 3.15 - 4.15 ~ £5.00
Up to 2.15 hours - 3.15 - 5.30 ~ £10.00

Payment to be made in advance via +Pay on the MyEd app. 

Any booking needed without 24 hours notice will require approval from a SLT member of staff to ensure adequate supervision is in place, please contact the school directly if you require this.

Dates for the diary!

Monday 4 th March – Wednesday 6 th March	Year 5 on residential to Manchester
Friday 8 th March	World Book Day
Monday 18 th March	Last week for Afterschool clubs
Wednesday 20 th March	Songfest performance at St Petrocs church
Wednesday 27 th March	The Royal Beacon Show
Thursday 28 th March	Year 4 seeing the Wizard of Oz in Plymouth Theatre
Thursday 28 th March	Rock steady concert PM
Friday 29 th March Friday 12 th April	Easter Holidays

Dates for the diary!

Thursday 18th April- Friday 19th April	Year 3 Residential to Bristol
Monday 6 May	Bank Holiday
w/b 20th May	Adventure Week starts
Monday 27 May – Friday 31st May	Half Term
Thursday 10 July – Friday 11 July	Y2 Plymouth Aquarium Residential
Wednesday 24 July	Summer Holiday begins

Extra notifications



IMPORTANT
Polite reminder – There are no staff on duty in the mornings until 8:30am. Children arriving before that time are very welcome to attend our free Breakfast Club but should not be on the grounds otherwise for their own safety.

Extra notifications

RECEPTION CLASSES

Can we please remind all our Reception parents that the children need to bring in named, wellies each week.

We try to spend as much time outside as possible and with the weather as it has been wellies are essential.



IMPORTANT

Please can we remind all parents do not park, during drop off and collection, on the yellow ZigZags outside the school. This is for the safety of your children. Please help us keep our children safe.



A Polite Request.

If you need to get a message to your child during the school day, please call the main office before **2:30pm** to ensure the message is passed on.



IMPORTANT

We continue to be so proud of how well our children are responding to their learning and the progress they are making.

In order to do this, it is so important that our children come to school with a positive attitude to learning in the correct school uniform and on time. Please talk to our team if we can help you with any aspect of this.



Extra notifications 



Nursery



Can we please remind all our Nursery families to be ready at our entrance for your child's start time. When staff have to come out and let people in, it leaves the Nursery understaffed.

Thank you for your understanding.

Start times are **8.30am** or **9.00am** and **12pm** for afternoon sessions.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken/Broccoli Pasta Tomato and Herb Pasta Bake (v) Carrots and Peas Fruit Salad/Fruity Yoghurt Dessert	Sweet and Sour Chicken Sweet and Sour (v) Rice, Peas and Sweetcorn, Garlic Bread Raspberry Mousse	Roast Chicken Vegetable Roast (v) Crispy Potatoes with Gravy and Fresh Vegetables Apple Pie and Custard	Turkey Burger/Vegetarian Burger (v) with Potato Wedges, Green Beans and Carrots Vegetarian Burger Chocolate Sponge	Fishfingers Chips and Peas Vegetable Fingers (v) Various Puddings
Macaroni Cheese, Garlic Bread, Sweetcorn and Broccoli Fruit Salad/Fruity Yoghurt Dessert	Mild Chicken Curry Vegetarian Curry (v) Basmati Rice/Peas/Naan Bread Iced Buns	Roast Beef Vegetable Roast (v) Crispy Potatoes with Gravy and Fresh Vegetables Peach Crumble and Custard	Pork Sausage Veggie Sausage (v) Baby Sweetcorn and Peas with Gravy Vanilla Sponge	Traditional Fish, Chips and Peas Vegetable Fingers (v) Various Puddings
Tuna/Sweetcorn Pasta Tomato and Herb Pasta(v) Green Beans and Carrots Fruit Salad or Fruity Yoghurt Dessert	Meatballs in Tomato Sauce Meatless Balls (V) Rice and Mixed Vegetables Blueberry Muffins	Roast Gammon Vegetable Roast (v) Crispy Potatoes with Gravy and Fresh Vegetables Chocolate Chip Cookie	Homemade Cottage Pie Quorn Pie (v) with Broccoli, Carrots and Peas Apple Crumble and Custard	Sausage Veggie Sausage with Chips and Peas Various Puddings

JACKET POTATOES WITH VARIOUS FILLINGS AND SALAD BAR AVAILABLE EVERY DAY
WATER, FRUIT, AND YOGHURTS ALSO AVAILABLE EVERY DAY.

January 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Extra notifications



School Menus



School Menus



SCHOOL MENU – WEEK COMMENCING

Monday 4th March

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Tuna/Sweetcorn Pasta Tomato and Herb Pasta(v) Green Beans and Carrots</p>  <p>Fruit Salad or Fruity Yoghurt Dessert</p> 	<p>Meatballs in Tomato Sauce Meatless Balls (V) Rice and Mixed Vegetables</p>  <p>Blueberry Muffins</p> 	<p>Roast Gammon Vegetable Roast (v)</p> <p>Crispy Potatoes with Gravy and Fresh Vegetables</p>  <p>Chocolate Chip Cookie</p> 	<p>Homemade Cottage Pie Quorn Pie (v) with Broccoli, Carrots and Peas</p>  <p>Apple Crumble and Custard</p> 	<p>Sausage Veggie Sausage with Chips and Peas</p>  <p>Various Puddings</p> 

Please ensure you are pre booking your dinners via the MyEd/PlusPay app.

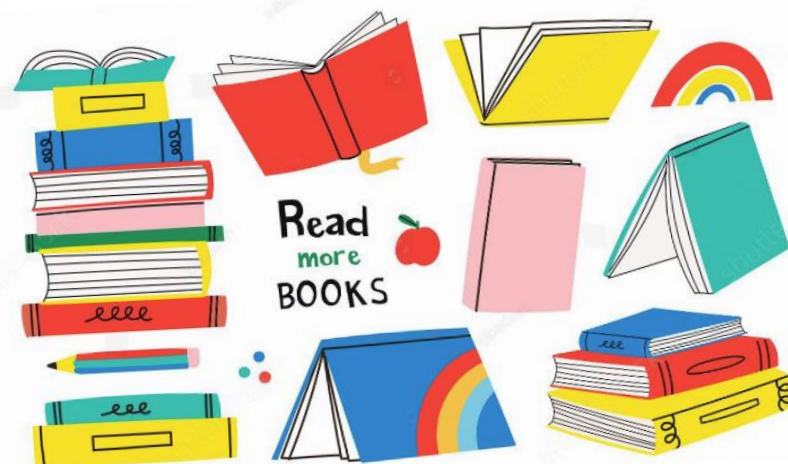




Extra notifications



WORLD BOOK DAY



On **Friday 8th March**, the children are invited to come to school dressed as their favourite book character. In preparation for the big day, they are also invited to bring in a book (s) which they have read and no longer need. During the morning, they will have the opportunity to swap their book and take a new one home to enjoy. Happy reading everyone!





Funded by
UK Government



ChatHealth
Cornwall and the Isles of Scilly

ChatHealth Parent Line 0-5

Health Visiting messaging service for parents and carers of children aged 0-5 in Cornwall and the Isles of Scilly

TEXT **07312 263 423**



Get confidential health and wellbeing advice and support



Scan me



Together for Families



Council of the ISLES OF SCILLY

www.cornwall.gov.uk/chathealth

To read our full privacy notice please visit www.cornwall.gov.uk/privacynotice. We might inform someone if we were concerned about your safety but we would usually speak to you first. Messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply within one working day and you should get an immediate reply to confirm we have received your text. **Texts will not be seen outside working hours.** If you need help before you hear back from us contact your GP, nearest walk-in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (not including messages from landlines, international numbers and some mobile apps). To prevent Chat Health from sending messages to you, text STOP to our number. Messages charged at your usual rates.

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UK Government



ChatHealth
Cornwall and the Isles of Scilly

ChatHealth Parent Line 5-19

School Nursing messaging service for parents and carers of children and young people 5-19 years in Cornwall and Isles of Scilly

TEXT **07312 263 499**



Get confidential health and wellbeing advice and support



Scan me



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Council of the ISLES OF SCILLY

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Come and meet the Easter Bunny!

At the Shire House Suite

Session 1: 11am-12pm

Session 2: 12.30pm-1.30pm

Session 3: 2pm-3pm

Session 4: 3.30pm-4.30 pm

Please message us on

Facebook to book.



Presents

EASTER FUN SESSIONS
SATURDAY 30TH MARCH 2024

Ticket only event

£6 per child (Parent\Carers Included)

Included in the price:

Each session is an hour long, so please ensure you turn up on time.

Meet the Easter bunny and receive a gift and easter basket.

Make an easter bonnet

Fancy Dress Competition, there will be four prizes.

Sensory Area.



Adult Supervision Required at all times



Get into Teaching

Why not train to teach in Cornwall?

Primary (3-7, 5-11) programmes available for
a September 2024 start

Visit our website for further details:

www.kernowteaching.co.uk



Are you looking for a job that fits in around your family? Gain the necessary qualifications to support you, fully funded by the ESFA (Education Skills Funding Agency).

Levels 1, 2 & 3 for School Support Course with a Guaranteed Job Interview.

- **Our classes are based online - Run only in term time - During school hours to fit in with the school run -**

Course Times

- Total of 5 days per week (Mon-Fri) for 6 weeks
- There are 2 lessons per day (9.30am – 11am) & (1pm – 2pm)
- Must have internet access and a laptop or tablet.

- **No prior experience necessary -**

Eligibility Criteria

- Must Be Aged 19+
- Must Claim Benefits (Universal Credit, JSA, ESA, PIP, Income Support, Housing Benefits or any type of Tax Credit including Child Tax Credit). If you live in Merseyside, you do not need to claim any benefits.
- You Can't be a student or an international Student
- You Must have lived in the UK for a Minimum of 3 Years (Except if you are from the Ukraine).

www.studysmartuk.online



Top Tips for Supporting Children Who Are EXPERIENCING BULLYING

In a OfE survey, 36% of parents said that their child had been bullied in the past year, while 29% of secondary school headteachers reported bullying among students. Public Health England states that young people who maintain positive communication with their family were less likely to experience bullying - so it's important that parents, carers and educators know how to talk to children about bullying.

1. WATCH FOR BEHAVIOURAL CHANGES

Children who are experiencing bullying may become quiet, withdrawn, or anxious; however, they may also act on the pain and anger that they're feeling. A shift in attitude towards their existing friends (or not maintaining them any more at all) or avoiding new friendships which seem notably different could also be warning signs. It's important to be alert to such changes and talk to your child about them if they occur.



2. THINK THINGS THROUGH

Before acting, ask yourself if this is the right time and place to address concerns about bullying. Might your worries trigger strong feelings - perhaps from your own experiences - that could encourage your child to open up to you? You could try discussing what you've noticed with another trusted adult who knows your child well.

3. BE OPEN AND UNDERSTANDING

Try to listen to your child's comments that are as related to their body language, appearance, behaviour, or tone of voice - and do so without sounding judgemental. Help them to describe what they're feeling - be it anger, sadness, fear or something else - as accurately as possible. 'If they say they're "angry", do they mean "enraged" or "frustrated"? This will help them to understand how they're feeling and why.

4. LET THEM SPEAK FREELY

Use open questions and a welcoming tone to encourage your child to talk. Listen closely and sensitively about their world at appropriate points (ideally without interrupting) to demonstrate that you're understanding clearly. Bullying may have undermined your child's sense of control, and they may fear that you'll judge them, overreact or impose consequences - so the conversation can reassure them being honest with you was the right decision.

5. CALL A TIME OUT

A conversation about bullying could leave both you and your child feeling distressed. It's important to recognise this and pause at suitable moments to calm down. Use deep breaths, enjoy a hot drink or even have a cathartic cry. This can reinforce trust, while also helping you both feel that you have control over the situation and the emotions that you're feeling.

Meet Our Expert

Bob Bailey is the Director of Anti-Bullying Quality Mark-UK, which challenges and supports schools to develop sustainable anti-bullying approaches to prevent bullying, including working with parents and carers. More than 85 schools in England and Wales currently hold the quality mark.



6. STAY INFORMED

Make sure you know your child's school's definition of response to and relevant contacts for bullying. This information should be in their anti-bullying policy, which ought to be available on the school's website. Close teachers or form tutors are usually the first point of contact. Though there may be dedicated support teams or key workers to help your child, depending on the specific situation.

7. PREP YOUR CHILD FOR THE RESPONSE

Schools' responses to bullying vary depending on whether they're reaching agreements and arrangements, or addressing unprovoked verbal or physical harm and so on. It's important to work out with your child whether any harm was intentional, how much control they had over the situation and how often such incidents have occurred. Reporting concerns accurately will get the best outcome for your child more quickly.

8. SUMMARISE YOUR CHILD'S EXPERIENCE

When you contact the school, make sure you've precisely described what your child experienced: what happened, when, where, and who was involved. This will help the school to investigate further, identifying any witnesses, as well as those who were directly involved. It can also help the school to know how your child is feeling and how they'd like the matter to be resolved.

9. LIAISE WITH THE SCHOOL

Any school has a duty to ensure that the members of its community feel safe and included. It's important for children to learn their role in this. The school must determine how best to restore these feelings of safety and respect. It's often best for schools to keep parents and carers informed of any action taken - and for families to avoid taking matters into their own hands.

10. CHECK IN FREQUENTLY

Once the issue has been resolved and the bullying behaviour has stopped, your child may still feel anxious and might find it difficult to build friendships or develop new ones. Parents, carers and the school should all keep an eye on how the child is feeling and acting over the following months. Any relevant information should be shared so that further support can be planned if necessary.

BERRYFIELDS YOUTH CLUB

EVERY WEDNESDAY EVENING FOR
SCHOOL YEARS 5-7 FROM 6:15-7:30
SCHOOL YEARS 8-11 FROM 7:45-9:00



POOL TABLE



TRIPS

INFORMATION AND GUIDANCE

FUN AND GAMES

ARTS AND CRAFTS



TUCK SHOP



FOR MORE INFO PLEASE CONTACT ROSIE
@ROSIE.NICKELS@YPC.ORG.UK OR 0774 1903203 OR FOLLOW US ON FACEBOOK AT
BERRYFIELDS YOUTH CLUB



School Terms and Holidays 2024/25

Beacon Academy

September 2024 Mon 2 9 16 23 30 Tue 3 10 17 24 Wed 4 11 18 25 Thu 5 12 19 26 Fri 6 13 20 27 Sat 7 14 21 28 Sun 1 8 15 22 29		October 2024 Mon 7 14 21 28 Tue 1 8 15 22 29 Wed 2 9 16 23 30 Thu 3 10 17 24 31 Fri 4 11 18 25 Sat 5 12 19 26 Sun 6 13 20 27		November 2024 Mon 4 11 18 25 Tue 5 12 19 26 Wed 6 13 20 27 Thu 7 14 21 28 Fri 1 8 15 22 29 Sat 2 9 16 23 30 Sun 3 10 17 24	
December 2024 Mon 2 9 16 23 30 Tue 3 10 17 24 31 Wed 4 11 18 25 Thu 5 12 19 26 Fri 6 13 20 27 Sat 7 14 21 28 Sun 1 8 15 22 29		January 2025 Mon 6 13 20 27 Tue 7 14 21 28 Wed 1 8 15 22 29 Thu 2 9 16 23 30 Fri 3 10 17 24 31 Sat 4 11 18 25 Sun 5 12 19 26		February 2025 Mon 3 10 17 24 Tue 4 11 18 25 Wed 5 12 19 26 Thu 6 13 20 27 Fri 7 14 21 28 Sat 1 8 15 22 Sun 2 9 16 23	
March 2025 Mon 3 10 17 24 31 Tue 4 11 18 25 Wed 5 12 19 26 Thu 6 13 20 27 Fri 7 14 21 28 Sat 1 8 15 22 29 Sun 2 9 16 23 30		April 2025 Mon 7 14 21 28 Tue 1 8 15 22 29 Wed 2 9 16 23 30 Thu 3 10 17 24 Fri 4 11 18 25 Sat 5 12 19 26 Sun 6 13 20 27		May 2025 Mon 5 12 19 26 Tue 6 13 20 27 Wed 7 14 21 28 Thu 1 8 15 22 29 Fri 2 9 16 23 30 Sat 3 10 17 24 31 Sun 4 11 18 25	
June 2025 Mon 2 9 16 23 30 Tue 3 10 17 24 Wed 4 11 18 25 Thu 5 12 19 26 Fri 6 13 20 27 Sat 7 14 21 28 Sun 1 8 15 22 29		July 2025 Mon 7 14 21 28 Tue 1 8 15 22 29 Wed 2 9 16 23 30 Thu 3 10 17 24 31 Fri 4 11 18 25 Sat 5 12 19 26 Sun 6 13 20 27		August 2025 Mon 4 11 18 25 Tue 5 12 19 26 Wed 6 13 20 27 Thu 7 14 21 28 Fri 1 8 15 22 29 Sat 2 9 16 23 30 Sun 3 10 17 24 31	
Key: School Holiday Bank Holiday Term Time Inset Day		Term dates summary: Autumn Term 1: 3rd September - 25th October 2024 Autumn Term 2: 4th November - 26th December 2024 Spring Term 1: 6th January - 14th February 2025 Spring Term 2: 24th February - 4th April 2025 Summer Term 1: 22nd April - 23rd May 2025 Summer Term 2: 2nd June - 23rd July 2025 TOTAL: 195			
Bank and Public Holidays 2024/25					
Christmas Day	25th December 2024	Easter Monday	21st April 2025		
Boxing Day	26th December 2024	May Bank Holiday	5th May 2025		
New Years Day	1st January 2025	Spring Bank Holiday	26th May 2025		
Good Friday	18th April 2025	Summer Bank Holiday	25th August 2025		

The Mental Health Support Team invites you to book your place on our Behaviour as Communication Workshop

This workshop introduces the concept of behaviour as communication, and aims to teach parents the reinforcement and attention rule.

The workshop will give parents practical strategies for developing more positive behaviour at home. It will also support parents to create an action plan moving forward to support their child to manage their behaviour in helpful and happier ways.

Please note: This group is open to parents of children aged from Nursery to Year 6

Upcoming Sessions:

- Monday, 11 March at 10:00 AM and 5:00 PM
- Wednesday, 13th March at 4:00 PM
- Thursday, 14th March at 9:30 AM and 4:00 PM

To request a place, complete the online form or scan the QR code provided:

<https://forms.office.com/e/3DDPu9JHD7>



Sign up will close on Thursday 7th March



The Mental Health Support Team invites you to book your place on our Decider Skills Workshop

Decider Skills are a set of life skills based on cognitive behaviour therapy (CBT). The skills are aimed at helping young people to recognise and understand their emotions, and promote positive mental health. They also include basic problem solving and conflict de-escalation skills, and have a strong focus on supporting children in regulating their own emotions.

Upcoming Sessions:

- Monday, 25th March at 10:00 AM and 5:00 PM
- Wednesday, 27th March at 4:00 PM
- Thursday, 28th March at 9:30 AM and 4:00 PM

Please note: This group is open to parents of children aged from Nursery to Year 6

To request a place, complete the online form or scan the QR code provided:

<https://forms.office.com/e/YepSO4KNBz>



Sign up will close on Thursday 21st March

The Mental Health Support Team invites you to book your place on our Introduction to Resilience Workshop

This is a single, hour-long session aimed at parents. The session covers how to encourage young people to develop greater resilience, and provides psychoeducation around what mental health and resilience is.

When young people are resilient, they are more able to cope with challenges and stress, and can therefore be more curious, adaptable and able to extend their reach into the world.

Upcoming Sessions:

- Monday, 18th March at 10:00 AM and 5:00 PM
- Wednesday, 20th March at 4:00 PM
- Thursday, 21st March at 9:30 AM and 4:00 PM

Please note: This group is open to parents of children aged from Nursery to Year 6

To request a place, complete the online form or scan the QR code provided:

<https://forms.office.com/e/W4hqrSM68q>



Sign up will close on Thursday 14th March



**ChatHealth
Parent Line 0-5**



07312 263 423



**ChatHealth
Parent Line 5-19**



07312 263 499

**ChatHealth Young
People 11-19**



07312 263 096



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Cornwall and the Isles of Scilly

www.cornwall.gov.uk/chathealth

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wellbeing advice
and support